

# E-WRAP

Published by Employers' Federation of Pakistan  
(Circulated to EFP Members Only)

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## HIGHLIGHTED EVENT

Main Event  
INTERNATIONAL HEALTH AND  
SAFETY DAY 2019  
[IHSD 2019] &  
14th EFP BEST PRACTICES AWARD  
2018 ON OSH



EFP CELEBRATED THE INTERNATIONAL  
HEALTH AND SAFETY DAY 2019, AND 14th  
EFP BEST PRACTICES AWARD 2018 ON OSH

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# EFP ACTIVITY

TRAINING

Main Event

## INTERNATIONAL HEALTH AND SAFETY DAY 2019 [IHSD 2019]

An Event by



Mr Shafqat Mahmood, Federal Minister for Education, Cultural Heritage and Professional Training, Chief Guest, Majyd Aziz, President Employers Federation of Pakistan, Ingrid Christensen, Country Director ILO Islamabad, Zahoor Awan, General Secretary, Pakistan Workers Federation, Abdul Rasheed Solangi, Secretary Sindh Labor & HRD Department, Zaki Ahmed Khan Vice President EFP, Fasihul Karim Siddiqi, Secretary General, EFP, and Syed Nazar Ali, Director EFP, speaking at EFP International Health and Safety Day 2019 and EFP Corporate OSH Best Practices Awards for 2018 event in Karachi.



# EFP ACTIVITY

TRAINING



Majyd Aziz, President, Zaki Ahmed Khan, Vice President, Feroz Alam, Mohsin Tabani and Syed Nazar Ali, Directors of Employers Federation of Pakistan, were invited at Corporate Meet-up event at Barrett Hodgson University Korangi. Dr M. S. Habib, Chairman, and Iram Afaq, Chancellor, welcomed the guests.

Majyd Aziz, President Employers Federation of Pakistan, presenting EFP crest to Mr Shafqat Mahmood, Federal Minister for Education, Cultural Heritage and Professional Training, Chief Guest at EFP International Health and Safety Day 2019 and EFP Corporate OSH Best Practices Awards for 2018 event in Karachi. Also in picture from left: Zaki Ahmed Khan Vice President EFP, Ingrid Christensen, Country Director ILO Islamabad, Yoshi Kawakami, Senior Specialist on OSH from ILO New Delhi Office, Abdul Rasheed Solangi, Secretary Sindh Labor & HRD Department, Syed Nazar Ali, Director EFP, and Saeed Jumani, Director Labor Sindh.



Majyd Aziz, Foundling Chairman Pakistan Sri Lanka Business Forum President South Asian Forum of Employers and President Employers Federation of Pakistan, visited the Consulate General of Sri Lanka to offer condolences to Consul General G L Gnanatheva and sign the Condolence Book.

Officials of Pakistan Statistics Bureau presenting details about Census of Manufacturing Industries at Karachi Chamber of Commerce and Industry



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# EFP ACTIVITY

TRAINING



Majyd Aziz, President Employers, Zaki Ahmed Khan, Vice President and Chairman Events Committee, Employers Federation of Pakistan, alongwith EFP nominated Occupational Safety and Health Awards 2018 Evaluation Team were interviewed for the Roznama Duniya newspaper Supplement regarding EFP OSH event

The three out of five Employers Federation of Pakistan nominated Occupational Safety and Health Awards for 2018 Evaluation Team Members consisting of Dr Tahir Barlas, Qurban Ali Zardari and Akhtar Qudoos presented the final report and names of winning companies to Majyd Aziz, President, and Zaki Ahmed Khan, Vice President EFP.



Majyd Aziz, President Employers Federation of Pakistan, receiving recognition crest from Former Federal Finance Minister Miftah Ismail at 2nd Annual Dinner of Dhoraji Association, an organization of Dhoraji Memon community

Mr Kelvin Sergeant, ILO Enterprise Specialist New Delhi, Ms. Caroline Bates and Mr. Naeem Khalid of ILO visited EFP



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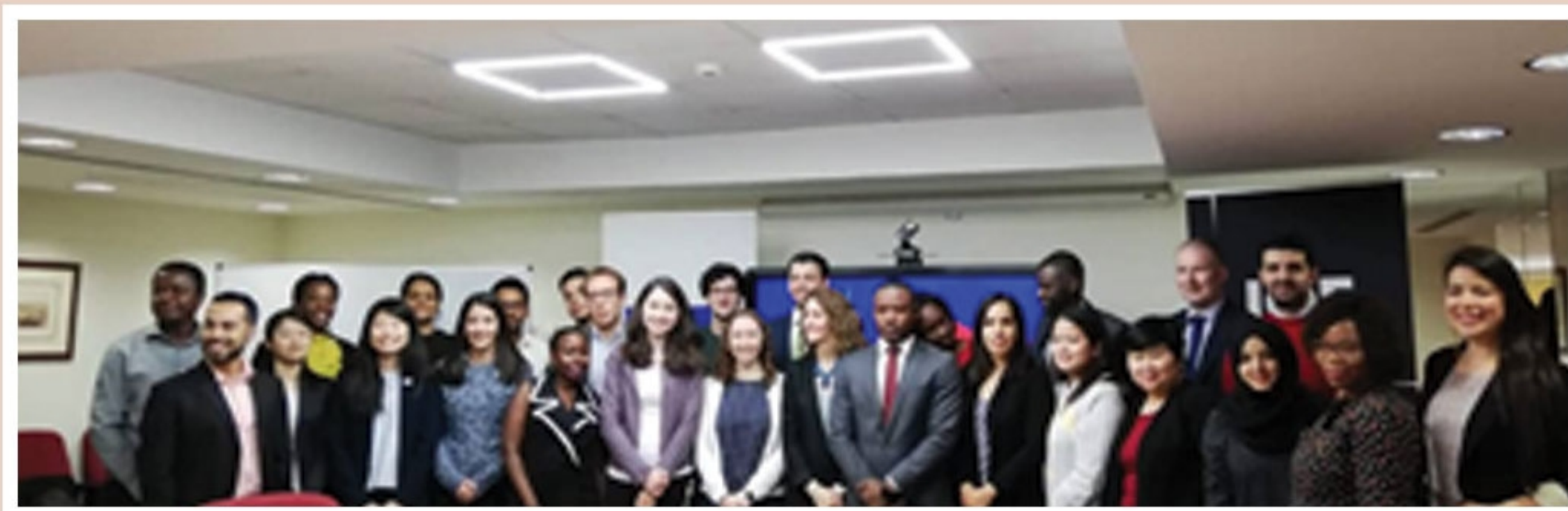
# EFP ACTIVITY

TRAINING



Majyd Aziz, President, and Fasihul Karim Siddiqi, Secretary General Employers Federation of Pakistan, met Ghulam Murtaza Baloch, Sindh Labor Minister. Abdul Rasheed Solangi, Secretary Sindh Labor Department, was also present

Majyd Aziz, President, and Fasihul Karim Siddiqi, Secretary General Employers Federation of Pakistan, met Abdul Rasheed Solangi, Secretary Sindh Labor Department, to discuss various labor related issues.



Rabiya Anwer of EFP Team in Madrid on IOE program

Majyd Aziz, President, and Saadia Naveed, Member Board of Directors of Employers Federation of Pakistan, and Chief Guest Dr Abdul Bari Khan, with office bearers and winners of 34th Corporate Excellence Awards ceremony of Management Association of Pakistan



Majyd Aziz, President Employers Federation of Pakistan, speaking at the inauguration of First Pakistan Stamp Exhibition 2019

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# EFP ACTIVITY

TRAINING



Abdul Razak Dawood chairing meeting of CPEC Advisory Council at BOI Islamabad

Presenting EFP crest to Monique Depierre of IOE



Presenting EFP crest to Peter Hall of IOE



Majyd Aziz, President, and Saadia Naveed, Member Board of Directors of Employers Federation of Pakistan, and Chief Guest Dr Abdul Bari Khan, with office bearers and winners of 34th Corporate Excellence Awards ceremony of Management Association of Pakistan



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# EFP ACTIVITY

TRAINING



Majyd Aziz, President Employers Federation of Pakistan, presenting EFP crest to Xiana Mendez Bertolo, Secretary of State for Commerce, Government of Spain, at International Business and Human Rights Conference held at Confederation of Organizations of Employers of Spain

International Business and Human Rights Conference on 3rd day. About 150 will attend the full day event being held in the offices of



Participants from Employers Organizations along with representatives from ILO, International Organization of Employers, and Confederación Española de Organizaciones Empresariales at Workshop on the types of support Employers Organizations need to provide tools and services to help their members respect Human Rights on Day 2 of Human Rights Conference in Madrid

Workshop on types of support Employers Organizations need to provide tools and services to help their members respect Human Rights on Day 2 of Human Rights Conference in Madrid



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# PREZ ENGAG EMENTS

MEETIN

ENCE

PRESIDENT



-MAJYD AZIZ

With Natalie Hoffman  
Advisor Department of Labor  
Market and Social Partnership



Dinner at NH Collection Hotel Madrid Abascal with IOE and ILO friends: Monique Depierre, Matthias Thorns, Maria Roldan, Peter Hall, Linda Hotham, Adam Greene, Dante Presce and Mthunzi Mdwaba. I was especially invited

Workshop on types of support Employers Organizations need to provide tools and services to help their members respect Human Rights on Day 2 of Human Rights Conference in Madrid



Attended US Embassy Islamabad reception. Photo with Acting US Ambassador Paul Jones, Federal Minister Omer Ayub Khan, US Embassy Agricultural Attaché Casey Bean, Former Federal Minister Dr Tariq Fazal Chaudhary, Former Senator (PTI US Leader), Federal Minister Ali Zaidi, Member National Tariff Commission Ms Anjum Assad Amin, friends from Corporate Pakistan Group, and two Americans.



# PREZ ENGAGEMENT

TRAINING

VITALITY



Met Federal Secretary of Commerce Sardar Ahmed Nawaz Sukhera in his office

Jugnu Mohsin and Najam Sethi, Managing and Chief Editors of The Friday Times with three Former Presidents of Chambers of Commerce and Industry, (from right), Majyd Aziz (Karachi), Zahid Latif Khan (Rawalpindi) and Zahid Maqbool (Islamabad) at US Embassy reception in Islamabad.



Majyd Aziz, Founding Chairman, and Rasheed Janmuhammad, Director Pakistan Oilseeds Sellers Association, presented a Mashkoor Raza painting to the US Consulate General Karachi at the Rotary Club Ball. US Consul General JoAnne Wagner alongwith Deputy CG Darian Arky, Jimmy Mauldin, Jennifer Mauldin, Greig Meier, Mehreen Kashif and Fahad Zaidi received it. Also present were Aziz Memon, Shahzad Sabir and Shireen Rasheed

With Dr Kaleem Iman, IG Sindh Police



Tariq Khosa, Former Federal Secretary, Former Inspector General Police, Former DG FIA, signing his book Inconvenient Truths for me.

# PREZ ENGAGEMENT

TRAINING

VITTY



Met Federal Secretary of Commerce Sardar Ahmed Nawaz Sukhera in his office

Jugnu Mohsin and Najam Sethi, Managing and Chief Editors of The Friday Times with three Former Presidents of Chambers of Commerce and Industry, (from right), Majyd Aziz (Karachi), Zahid Latif Khan (Rawalpindi) and Zahid Maqbool (Islamabad) at US Embassy reception in Islamabad.



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Tariq Khosa, Former Federal Secretary, Former Inspector General Police, Former DG FIA, signing his book Inconvenient Truths for me.

# PREZ ENGAGEMENT

TRAINING

VITALITY



Spouse and I with US Consul General JoAnne Wagner, Mayor Karachi Wasim Akhtar and Commissioner Karachi Iftikhar Shallwani at Guardians Trust event for restoration of Frere Hall.

With new Federal Commerce Secretary Sardar Ahmed Nawaz Sukhera at TDAP Seminar in Karachi. He was Member Board of Directors of SME Bank Ltd when I was Chairman of the Board. Very talented, pro business, and pro active Govt official



We hosted a luncheon in honor of prominent religious scholar Professor Muhammad Rafiq. Invitees included Khalid Mahmood, Chairman Sindh Revenue Board, Mushtaque Kazmi, Advisor SRB, Ch Fakhar uz Zaman, President Punjab PPP (AJK), businessman Shahid Ahmed, industrialist Amin Dada, and others.

Dinner in honor of Khadija Mohamed Almakhoumi, Ambassador of Somalia, hosted by Basit Mundia, CEO Mundia Group in Karachi.



## MANAGEMENT TIPS FROM HBR

09 | Harvard business review

This Month's Tip is

### BE OPEN TO CRITICISM

Constructive criticism is essential for creativity, innovation, and problem solving. Since leadership requires all three, leaders need to be sure not only that they are open to criticism, but that they actively seek it out. Don't simply direct reports, peers, customers to poke holes in your ideas and approaches. Critique can be a useful approach to test ideas and keep people and teams accountable.

# RESEARCH AND DEVELOPMENT

## “ Employers Need to Recognize That Our Wellness Starts at Work ”

The current debate about workplace wellness has called into question virtually every aspect of wellness programs. Commentators have railed against them, with some asserting that they are not only worthless but are also a morale disaster and a stealthy way to shift more coverage costs onto employees.

Despite all this, most corporate leaders continue to fund such programs. Collectively, employers spend upward of \$8 billion a year on wellness programs — yet the programs underperform by most measures, and barely 25% of employers even try to understand how well their programs do.

We all know that moderate exercise, proper diet, and not smoking are essentials for good health. Right? How many of us follow through on it? According to a 2016 study published in the journal Mayo Clinic Proceedings, 2.7% of Americans meet this fairly low standard of healthy living.

### **A Critical Workplace Issue**

Employee wellness is very much management's business.

The discussion has moved beyond physical health and toward “well-being.” Studies by the U.S. Centers for Disease Control and Prevention and others demonstrate that well-being — a combination of physical, mental, and spiritual health — is of primary importance in the workplace.

Consider employee engagement, which is greatly affected by workers' physical health and well-being. A Gallup survey reported that a mere 32.6% of the American workforce is engaged.

Management has every right, and indeed has an obligation, to facilitate maximum engagement and performance in its employees.

### **Where the Action Is**

It is clear that the workplace is the optimal opportunity for employee wellness efforts. There are over 100 million Americans working full-time today. Thus, the workplace contains the largest single daily gathering of people in the U.S.

### **Lower Health Care Costs**

As the former CEO of a major health insurer, I will say this point-blank: Other than the debilitating practice of reducing employee coverage and increasing the shares employees pay for their insurance, improving employee wellness is the only way employers can lower health insurance premiums.

READ THE FULL ARTICAL : <https://hbr.org/2016/11/employers-need-to-recognize-that-our-wellness-starts-at-work>

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