



PROJECT BREXPORT

CATALOGUE OF PAKISTANI
VEGETABLES AND FRUITS



Next Update: **Sports...**

2020



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EMPLOYERS' PERSPECTIVE ON PAK-UK TRADE OPPORTUNITIES

Project BreXport

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EMPLOYERS' FEDERATION OF PAKISTAN – ECONOMIC COUNCIL

APEX BODY OF THE MANUFACTURERS

The Employers' Federation of Pakistan (EFP) is a well-reputed entity, which has over the past many years led the charge in voicing concerns of all major industrial and chambers associations in Pakistan. The EFP is the only constituent of the International Labor Organization (ILO) in Pakistan. It is also a member of South-Asian Forum of Employers (SAFE), International Organization of Employers (IOE), and Confederation of Asia-Pacific Employers (CAPE). In essence, the EFP acts as the 'Apex Body of The Manufactures of Pakistan' and strongly maintains that to achieve inclusive growth and curb rising unemployment levels and upgrade standard of living, rapid industrialization on war-footing is way forwards.

Today, the EFP boasts Pakistan's largest single-body representation of stakeholders comprising over 800 member corporations and 30 leading industrial and chamber associations. It is through these concerted strides and accolades that EFP has rightly earned the statutory mandate to lead all crucial matters governing the economic, legal and financial contours of Pakistan. EFP works in close coordination with the government and social workers to facilitate attainment of Sustainable Development Goals (SDGs) such as human development, universal education, affordable healthcare system and poverty alleviation.

The EFP Economic Council (EFP-EC), which was officiated on November 13, 2019, exactly six months following May 13, 2018 press conference of the EFP 2030 Economic Vision publication, serves as the think tank of the federation. Its core intention is to facilitate the resuscitation of Pakistani industrial base on war-footing basis, as envisioned by the board chaired by, Mr. Ismail Suttar. The prime focus of the council is on voicing the concerns of local manufacturers and exporters to the federal government in the form of well-researched position papers and policy recommendations. All associated members work assiduously to highlight 'Pakistan First' in forums around the world. The multitude of research documents produced thus far, serve as testament to the high level of commitment by the consortium of economists, researchers, industrialists, entrepreneurs, and international trade experts that make up the council.

In July, 2019, the EFP-EC signed an agreement with the Commonwealth Enterprise and Investment Council (CWEIC) in London, UK and is eyeing at establishing a global trade club of entrepreneurs, in the heart of London. The motivation behind all these initiatives is the pure resoluteness of the incumbent Pakistani government in restoring pride of investors by creating a sustainable and business-friendly environment.

We firmly believe that through our efforts, new vistas of investment and trade opportunities, within the Commonwealth Bloc will be created, which shall undoubtedly help strengthen existing trade relationship between Pakistan and the world.

EFP slogan is that let us keep working hard for a better, prosperous and developed Pakistan!

FOREWORD

The UK is a heavy importer of fresh and organic produce of the primary sector, such as fruits and vegetables. Many of the freshly produced items that comprise of imports are sourced from countries outside of the EU region. Most of these imports are tariff-free under existing EU trade agreements but after the Brexit, this scenario might change.

The prospect of a 'no deal' Brexit cannot be ignored and we now find ourselves in a very fluid and rapidly changing political environment. A 'no deal' situation could have a major impact on UK consumption in imported vegetables and fruits. It is crucial that exporters and policy makers in Pakistan understand this if any chance of growth in exports in the fruit and vegetable industry is to be achieved. Under a 'no deal' scenario, the EU would consider the UK as a third country and so the trade agreements the EU has with other countries shall no longer apply to UK. This could open the door to increased volumes of imports, possibly of a lower phytosanitary standard, but it could also make UK's horticultural production more competitive. This, in turn, may create notional opportunities for import substitution from EU to other regions that are competitive in pricing and match the quality standards.

In response, The EFP Economic Council has decided to take the onus on itself and publish a series of publications on well-researched sectors included in the PAK-UK trade. All publications shall accompany catalogues of sector under study, which shall undoubtedly help strengthen existing trade linkage and create new channels of trade between UK retailers and Pakistani exporters. The emerging political developments shaping up in Britain, following the Brexit, present immense possibilities for non-EU members to capture a share of the British consumer market. For Pakistan, all future trade strategies with Britain must incorporate the existing export biases that are largely skewed toward consumer durables, cotton, textiles and garments. As per World Bank, these items make up 82% of Pakistan's trade with Britain and the consumables such as fruits mostly cater to markets within communities of the Pakistani-British diaspora. It is very important to understand that a major part of this consumer exports includes processed food and wheat and no other categories such as foods, fruits, fish, which we believe, is primarily due to strict Sanitary and Phytosanitary Standards (SPSS), and other certifications and compliance requirements set by UK authorities.

The factors identified greatly limit the optimum trade potential between Pakistan and Britain and were put up before the Pakistan's High Commissioner to UK by the EFP Economic Council (EFP-EC) on 15th October 2019. In this regard, the EFP-EC has initiated a research project by the name of BreXport. The core intention behind this project is to present a catalogue of exportable Pakistani commodities that have supply readily available for shipment to the UK.



PAKISTAN – UK TRADE: HS CODES



HS CODE	DESCRIPTION OF VEGETABLES INCLUDED
070190	Potatoes, fresh or chilled
070310	Red Onions, fresh or chilled
070960	Genus Capsicum, fresh or chilled
071231	Mushroom, dried and whole
071021	Green Peas, shelled or unshelled, fresh or chilled
070410	Cabbage and Cauliflower, fresh or chilled
070820	Red Beans (Lobia), uncooked or cooked by steaming or boiling in water, frozen

HS CODE	DESCRIPTION OF FRUITS INCLUDED
080450	Mangoes, edible, fresh or dried
080410	Dates, edible, fresh or dried
081212	Almonds, fresh or dried, shelled
120210	Pine Nuts, not roasted, otherwise cooked
081310	Apricots, edible and dried
081090	Pomegranate, fresh or dried
080420	Figs, fresh or dried
081320	Prunes, fresh or dried
080940	Plums or sloes, edible and fresh









HS Codes of Vegetables and Fruits Covered; Source SBP and COMTRADE





VEGETABLES OF PAKISTAN



VEGETABLE	HS CODE	VEGETABLE	TARIFF REGIME	TARIFF RATE (%)	CUSTOMS REQUIREMENTS
	070190	Potato	MFN	3	03 Measure on Re-Export, Inspection, Certification and Export Technical Measures NES
	070310	Red Onions, fresh or chilled	PTA	0	06 Measures on registration, SPS, inspection, authorization for TBT reasons, labelling and product quality
	070960	Genus Capsicum, fresh or chilled	PTA	0	20 Measures on food processing, certification, inspection, registration, labeling, etc.
	070320	Garlic	PTA	0	06 Measures on registration, SPS, inspection, authorization for TBT reasons, labelling and product quality
	071231	Mushroom, dried and whole	PTA	0	15 Measures on microbiological criteria, hygienic, processing, history, labelling, etc.
	071021	Green Peas, shelled or unshelled, fresh or chilled	PTA	0	15 Measures on systems, SPS, registration, food processing, distribution location, etc.
	070410	Cabbage and Cauliflower, fresh or chilled	PTA	0	20 Measures on system, microbiological criteria, food processing, certification, etc.
	070820	Red Beans, uncooked or cooked by steaming or boiling in water, frozen	PTA	0	No data



THE VEGETABLE ECONOMY OF PAKISTAN

The agricultural sector provides almost 38.5 percent of employment (PES, 2019). Over time, the sector has created the need for efficiency driven investment to manage limited resources and in training the farmers on the adoption of sophisticated methods to boost production of vegetables. In context of Pakistani farming system and prevailing climatic conditions, vegetables fit very well and mostly all have short maturity period. These crops are very important due to their high yield potential, high return and high nutritional value. As a result, vegetable cultivation is quite popular among small landholding farmers. In 2019, Pakistan exported US\$ 240.8 million or 880,848 tons versus 1,029,735 tons in 2018, at a rate of US\$240.4 million. Comparing these two figures reveals that in 2019, value of exported vegetables was much higher!

In Pakistan, the varying agro-climatic conditions offer year-round production of an array of different kinds of vegetables. The diverse eco-system offers more than 35 different types of vegetables cultivated nationwide from the dry zones to the wet zones, low elevation areas to high elevation areas and rain-dependent regions to irrigation-fed places. The total area and production of vegetables, during the five-year period from 2013-17, averaged to about 442.4 thousand hectares and 6963.5 thousand tones, respectively. Overall, both area and production of vegetables in Pakistan have shown an increasing trend during the past decade. In fact, in 2018 the total production of vegetables, estimated by Ministry of Agriculture, rounded close to 3.3 million tons on an increasing land area allotted for production of an estimated 274,000 hectares (ha.) in total. On comparison of 5-year averages since year 2000, the production and cultivation land have both registered increase of 3.62 and 11.4 percent, respectively. From this data, one can infer with ease that successive governments have laid important emphasis on expanding the sector and with current government's initiatives on constructing new water ponds and dams and lining old canals to conserve water, the future supply looks promising.

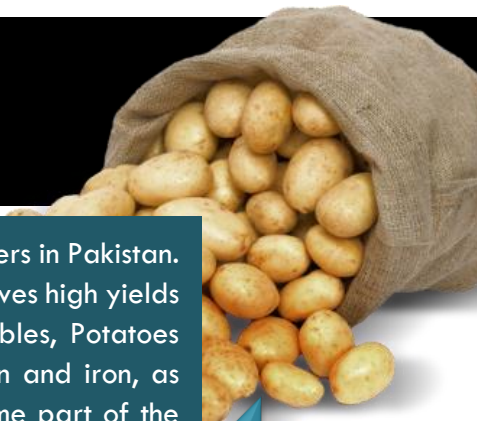
The credit of the recent developments and increased productivity in the vegetable sector has largely come by because of greater acceptance and wider adoption of advanced farming methods and high levels of training on ground level.

The following sections analyze key Pakistani vegetables for their export potential of serving the UK market.



1.

POTATOES – HS070190



SEASON



Jan - Feb,
Apr - May
Aug - Oct

INDUSTRIAL VARIETIES IN PAKISTAN

LADY ROSETTA



HERMES



COURAGE



Potato has become an important crop for both farmers and consumers in Pakistan. It is the fourth most important crop (by volume of production) and gives high yields and high returns to farmers. As compared to most other vegetables, Potatoes have high nutritional value. The content includes important protein and iron, as well as traces of thiamine, niacin, etc. This is what makes it a prime part of the average human diet and in Pakistan, it is the most widely eaten vegetable.

IMPORTANCE



In 2017, 388 million tons of potatoes were produced by the world (FAOSTAT, 2019) and for Pakistan, this number roughly stands at 4 million tons (MNFSR, 2018). While potato is one of the most consumed vegetable in the world, the global consumption patterns reveal that its consumption is tilting away from raw to value-added processed form, such as French fries and potato chips.

INDUSTRIAL USES



French Fries: One of the main items in the potato category is frozen potatoes, which includes most of the French-fries (“chips” in the UK) served in restaurants and fast-food chains worldwide. The world’s appetite for factory-made French-fries at more than 7 million tons a year. Another processed product, the potato crisp (“chips” in the US) is the long-standing king of snack foods in many developed countries.



Dehydrated Potato Flakes: these are normally used in retail mashed potato products as ingredients in snacks, and even as food aid. Consumers often use them in making mashed potatoes, Gnocchi and even donuts!

Potato Flour: another dehydrated product is extensively used by the food industry to bind meat mixtures and thicken gravies and soups. Potato starch is widely used by the pharmaceutical, textile, wood, and paper industries as an adhesive, binder, texture agent, and filler, and by oil drilling firms to wash boreholes.



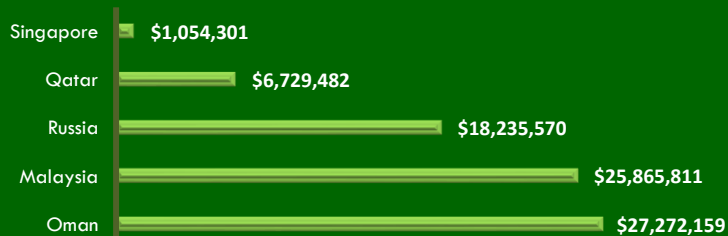
They are **Biodegradable Substitute** for polystyrene and other plastics and used, for example, in disposable plates, dishes, and knives.



HOME USE OF POTATOES



TOP EXPORT MARKETS (000' US\$)



Production Capacity
= 4.40 million tons

World Export in 2019
= US\$117 million

UK is self-sufficient in potato cultivation and produces an estimated 6 million tons/annum but also has to import 1/3 from its top trade partners like Spain to meet additional demand for value-added products. This gap can easily be filled by Pakistan, with its similar production capacity of 4 million tons.

2.

ONIONS (RED) – HS070310



SEASON



Jan - Feb,
May - Jun
Aug - Sept
Dec - Jan



Red Onion Dishes

Biryani



Red Onion Pie



Marinated Onions



Sauteed Onions



Cheesy Quiche













Overtime, the onion production in Pakistan is enjoying a significant growth of 18.5 percent since FY17 (MNFSR, 2018), much owed to the recent adoption of advanced technology and efficient engineering techniques such as nursery raising, spacing, transplanting etc. that have made supply reliable. Moreover, use of high quality and improved fertilizer and harvest techniques along with world's largest irrigation system has added to the much-needed boost in terms of output.

IMPORTANCE

Red Onion is widely grown for commercial purposes in Pakistan and in 2018, the vegetable registered a 2.10 million tons of production (MNFSR, 2018).



Recent research suggests that onions in the diet may play a leading role in preventing heart diseases and other ailments. Onion bulb is rich in phosphorus, calcium and carbohydrates. One medium-sized onion contains 89 percent water and rest 11 percent largely comprises of Vitamins B-6, C and fibre.

Ridding of odorous smell of fresh paint by placing freshly cut slices of onion	Repelling mosquitoes by rubbing onion onto skin	Galvanizing an old rusty knife by scrubbing action with freshly cut half onion	As natural red dye or for polishing metal with red Pakistani red onions	As ear drops for ear-ache by steaming or baking red onion with skin and then extracting fresh juice
				
Keeping windshield frost-free by rubbing with red onion over night	Removing splinter from skin by placing raw red onion on affected area over night	Making acne go away by spraying dose of mixed red onion juice and water	Keeping area ant-free by placing whole fresh red onion	Red onion tea as the perfect cure for seasonal flu
				

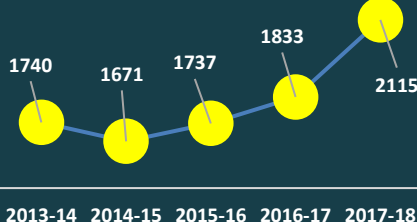
IMPORTANT HOME AND INDUSTRIAL USES OF RED ONIONS



TOP EXPORT MARKETS

New Zealand	69
Netherlands	5603
Canada	16722
Australia	26651
Romania	28502
France	50882
UK	328580

PRODUCTION (000' TONS)



Production Capacity = 2.10 million tons

World Export = \$50 million

UK is Pakistan's top export market for red onions and with Pakistan's record 2.12 million tons of produce in 2019, there is huge potential for post-Brexit supplies.

3.

Genus Capsicum (Fresh and Dried) – HS070960



SEASON



Jan - Mar
Apr - May
Jul - Aug
Sep - Oct



Pakistan is the 7th largest dry chilly producer in the world (FAO, 2017). While UK is Pakistan's 3rd largest global chilly importer!



Chilies, whether in fresh or dried form or slim, long or curved, are extensively used to add sizzling flavor to cuisines around the world and is very popular in Pakistan, hence, the ample supply. In Pakistan, chilies are grown in 157.5 thousand acres and harvested in two categories: Capsicum Annum and Capsicum Frutescens.

EXPORT SITUATION

The export of Pakistani chillies grew by 53.6 percent due to adoption of modern cultivation practices and innovative technological influx such as hybrid seeds, high-quality air bags and short-time grinding period before shipment and other post-harvest disease prevention measures like anthracnose.

CHILLY TYPES FOUND IN PAKISTAN

Desi/Mexi Kunri



New Mexico



Fresno/Sebrano



Jalapeno



Chilly Powder



The presence of capsicum, a chemical substance, helps in digestion and immediate relief to cold, flu and sore throat



Rich in vitamins A, along with high content of Mg, K and traces of iron. Per 40g serving of red chilies, there is 4g of carbohydrates.



Helps maintain good blood circulation by stimulating the heart, which in turn strengthens arteries and prevents clogging



Can be used as tropical medicine for arthritis, joint pain and for curing frost bites in harsh winter seasons.

The Fresco Chilly and other whole ones, are used primarily as an ingredient in desi cuisines such as curries. These chilies, when in powdered form, can be used for manufacturing and farming purposes too!



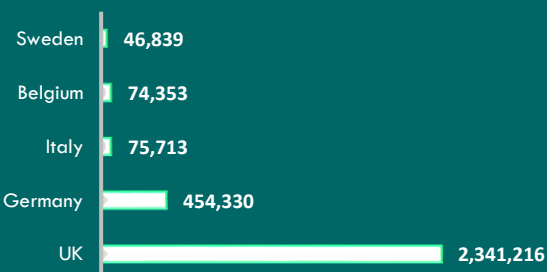
INDUSTRIAL AND HOME USE OF CHILIES



MARKET ANALYSIS

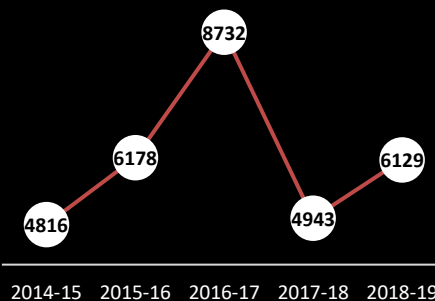
While Pakistan remains one of the top chili producers, a small town in Pakistani province of Sindh, "Kunri" which produces 55 percent of the chilies there, was once called the "Chili Capital of Asia". Desi, Nageena and Mexi varieties are high-value chilies cultivated here, while Badin and other areas produce Talhari, Dandicut and Loungi. With improving post-harvest handling, Pakistani red chilies are becoming more price competitive in the region.

TOP EXPORT MARKETS (000' US\$)



WORLD EXPORT (000' US\$)

Production Capacity = 150 thousand tons



In 2019, Pakistan exported 24 percent more chilies than in 2018. The UK is by far the biggest export market for Pakistani genus capsicum. Recently, farmers are investing heavily into its diversification through hybrid technology.

4.

GARLIC – HS070320



SEASON



Feb – Mar
(Sindh)
Apr – Dec
(KP)



Garlic falls under the HS0703 line, which earned Pakistan US\$ 2.6 million worth of export in FY19 and as per the ITC Export Potential Map, the country exported US\$ 141,300 above the export potential, which goes to show trader's confidence in Pakistani garlic.

Pakistan also recently introduced a new garlic variety called, 'NARC-G1'. It is the highest garlic variety among all the existing garlic variants in the country. The quality, according to the PARC, is so superior that it holds the potential of producing 26 tons of yield per hectares, which makes supply promising in future.



The innovative G-1 product includes higher nutrient contents and medicinal value with suitability to pharmaceutical, food processing industry and household level.



GARLIC TYPES FOUND IN PAKISTAN

Chinese



NARC – G1



GS-1/Gulabi

CULINARY USES



Garlic was originally discovered by Ancient Egyptians and for thousands of years has been providing therapeutic relief to ailments as well as adding flavor to delectable cuisines.



Packed with Vitamins.
VB6, C and Manganese. Contains protein and fiber too!



Powerful Antibiotic.
Combats Alzheimer's by creating anti-oxidant enzymes!



Reduces High Blood Pressure.
This with only 4 cloves of garlic, per day!



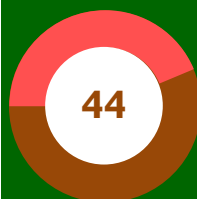
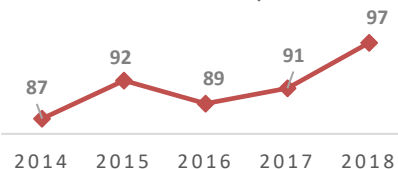
Maintains Cholesterol level. It specifically reduces LDL (bad cholesterol).



HEALTH BENEFITS OF GARLIC

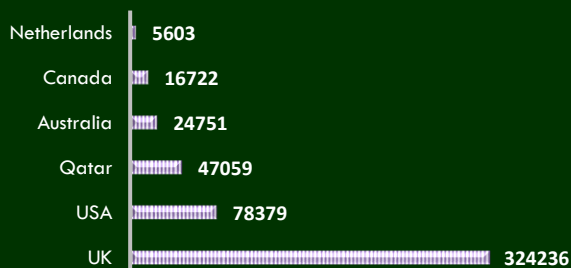
In the last 5 years, Pakistan's average yield of garlic. During this period, Pakistan's average yield of garlic has been increasing consistently and today, stands at 97 kg per acre. Pakistani scientists in National Agriculture and Security Council have made a breakthrough in developing superior garlic varieties that fit in perfect harmony with climate.

AVERAGE YIELD (000' TONS)



In Pakistan, the garlic contributed 44 percent toward the total revenue earned from export of vegetables in 2019. In monetary terms, this is equivalent to US\$ 2.6 million in 2019 for just one item! UK is a net importer of garlic and Pakistan is its top 5 import markets for garlic after Netherlands and Spain. There is high consumer demand of garlic in Britain (TRIDGE, 2018) and with Pakistan's twice as much garlic production, UK could opt for Pakistan as an excellent alternative to meet additional garlic demand.

TOP EXPORT MARKETS (000' US\$)



World Export = \$702,929

Production Capacity = 75,000 tons

In the fiscal year 2018, the total production of garlic in Pakistan cultivated on an area of 7,800 Ha of land, stood at 74,500 tons (MNFSR, 2018). On a five-year average, since 2005, there has been an increase of 1.13 percent in production land and a good 6.98 percent growth (MNFSR, 2018). According to ITC, Pakistan is exporting 141.3 million dollars above its potential, which goes to show the good level of trust foreign buyers have on Pakistani Garlic.

5.

MUSHROOMS, Dried and Whole - HS 071231



SEASON



Winters and Summers (Milky and Morel Mushrooms)

MUSHROOM VARIETIES IN PAKISTAN

Oyster



Milky



Straw /Shitake



Morel



Mushrooms are locally known as “khumbi” in Pakistan and their high economic value and low-cost production has encouraged farmers to cultivate them round the year, both inside sheds and in open sunlight under wet conditions. The country is blessed with excellent climatic conditions for cultivation of one of world’s expensive “morel” mushroom, which are found in Hindu Kush and Himalayan region.

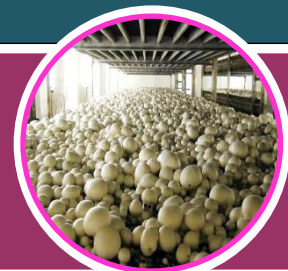
IMPORTANCE

Rs. 30,000 per kg for morel mushrooms!



Mushrooms contributed US\$11 million toward the total revenue earned from export of vegetables in 2018 (Comtrade, 2018). France was the top export market to which US\$ 2.3 million worth of mushrooms (HS071239) were sent. This is 3 times what UK imported from the world. The other popular category is HS071239 consisting of mushrooms of the genus type used mostly for medicinal purposes.

Mushrooms are fungi, a group of organisms distinct from plants, animals and bacteria. They convert inedible plant waste into palatable food, which is savored due to its biting texture and flavor. They form a complete diet as mushrooms contain essential vitamins and minerals, and are the best substitute for protein. They also contain traces of carbohydrates and fat.



WHITE TRUFFLES

Pakistan has the best location in the world with a land and sea rich in minerals and a complete climate kit to support all kinds of crops. Remarkably, these priciest white truffles are found in northern Pakistan!



Farm production provides to only 1 percent to the total mushroom export, while the rest is extracted from natural reserves found in Khyber Pakhtunkhwa. In Sindh and Punjab, wild mushrooms grow in the post-monsoon season, and in the valleys of Balochistan these cultivate in large quantities during spring time. A large chunk of the collection dispatched to towns in dried condition for local consumption.

Edible mushrooms are rich in proteins and contain abundant amino acids that battle diseases in addition to flavoring.



MUSHROOM CUISINES

TOP EXPORT MARKETS (000' US\$)

Australia	4156
Germany	68949
Oman	69161
Canda	69993
China	1739885
France	2257884

World Export = US\$11 million

Pakistani grown mushrooms are famous in China as well as France. Both of the countries are top consumers of fresh, as well as dried variety of Pakistani mushrooms. The UK is a net importer of garlic and it mainly imports an average of 30k tons from the world (Pakistan being 5th largest import market). Pakistan produces twice as much as what UK imports and has high consumer demand in Britain (TRIDGE, 2018). With Brexit and increased price demanded by EU exporters, Pakistan shall definitely be an ideal alternative especially during autumn season, which is peak time for both UK’s demand and Pakistan’s mushroom harvest.

6.

GREEN PEAS (HS071021)



VARIETIES

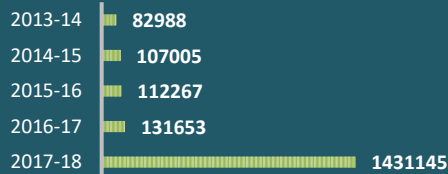
1. Pea – 2009
2. Meteor
3. PF – 400

SEASON

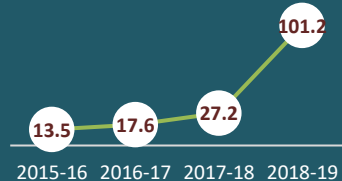
Green Peas derive from the legume plant and world has been consuming them for hundreds of years as source of protein. In 2014, after a decade of trial and testing, a new hybridized pea variety “Sarsabz” from Meteor and Pea-2009 was introduced which resulted in almost 1000 percent in total production! Sarsabz yields 8.52 tons per hectare and is 2.09 cm in thickness (highest in Pakistan).

The UK imports almost half of the amount of peas it produces. Peru, Belgium and Netherlands are top import markets with share of only 0.05 percent allotted to Pakistan but Pakistan is self-sufficient in producing green peas and produces over a million tons more than UK and hence, can easily fill the Brexit gap.

PRODUCTION (000' TONS)



EXPORT (000' US\$)



Dec – Mar (winters) and Aug – Oct (late summers)



DODGES CANCER

GETS PROTEINS

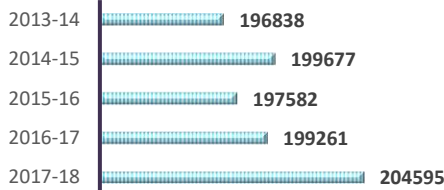
BEATS DIABETES



CABBAGE AND CAULIFLOWER - HS070410

7.

PRODUCTION (000' TONS)

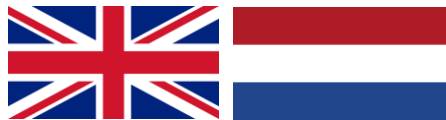


The trail of cabbage evolves from Europe and in Pakistan, these Vitamin C – rich and delicate vegetables are cultivated through hybridized seeds in thousands of tons to meet requirements of both domestic and international markets. In comparison. The UK imports on average 200,000 tons and Pakistan produces nearly 200,000 tons. The Government is looking to genetically improve disease-free produce through In-Vitro technology.

SEASON



Dec – Mar (winters) and Aug – Oct (late summers)



Cauliflower contains three antidotes: 1. Phytonutrients against cancer, fiber against obesity and choline against alzheimer's.

8.

RED BEANS (LOBIA) - HS070820



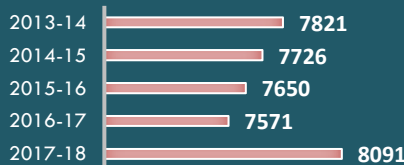
SEASON

UK serves as one of the top global export markets for beans, which have grown quite popular due to high nutrients packed in them. As a result, British have been devouring them for centuries but because mostly it is diverted toward animal feed, the UK has to rely heavily on import. Pakistan produces one of the best quality red beans (Lobia) in the region and is already exporting to the UK.

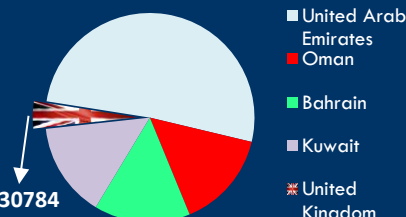


Oct - Dec

PRODUCTION (TONS)



In 2018, Pakistan produced a record 8091 tons and sold US\$30,784 worth to UK, market!



TOP 5 EXPORT MARKETS FOR PAKISTANI LOBIA



These magic beans safeguard against cancer and diabetes! Per 100g, 20% is fibre and 80% Vitamins!

Lobia requires very little water and in Pakistan, they are grown organically and are packed or canned for export.





FRUITS OF PAKISTAN



FRIUIT	HS CODE	NAME	TARIFF REGIME	TARIFF RATE (%)	REQUIREMENTS
	080450	Mango	MFN	0	17 Measures on system, hygiene, processing, inspection, distribution, etc.
	080410	Dates	PTA	0	17 Measures on system, hygiene, processing, inspection, distribution, etc.
	0801202	Shelled Almonds	MFN	0	17 Measures on system, hygiene, processing, inspection, distribution, etc.
	120242	Pine Nuts (Chilgozha)	MFN	0	No data
	081310	Dried Apricots	PTA	0	17 Measures on system, hygiene, processing, inspection, distribution, etc.
	081090	Pomegranates	MFN	0	No data
	080420	Dried Figs	PTA	0	20 Measures on system, hygiene, processing, inspection, distribution, etc.
	081320	Dried Prunes	PTA	0	17 Measures on system, hygiene, processing, inspection, distribution, etc.
	080940	Plums & Sloes	PTA	0	20 Measures on system, hygiene, processing, inspection, distribution, etc.
	080390	Bananas	MFN	114 EUR/1000kg and 16.88% Ad Valorem	15 Measures on system, hygiene, processing, inspection, distribution, etc.
	080810	Apples	MFN	0	20 Measures on system, hygiene, processing, inspection, distribution, etc.



THE FRUIT ECONOMY OF PAKISTAN

Pakistan has an ideal climate for cultivation of a variety of fruits, which allow for an assortment of fruits to be cultivated throughout the tropical, sub-tropical and temperate zones of the country. According to Ministry of Agriculture, in FY18, the different varieties of fruits were cultivated on an area spanning more than 467,400 hectares with a total production amounting to an estimated 7,898,300 tons. The above-mentioned means of production helps meet not only requirement of the local markets, but also adds to its ever-increasing export levels. According to latest figures posted by State Bank of Pakistan, US\$ 425 million worth of fruits were exported to the world, out of which US\$ 19 million went to the UK.

Pakistan is still an agrarian country at large, with a population of 220 million growing at a rapid growth rate of 2.4 percent (PES , 2019). Food Security and economic development of the country predominantly hinges upon the agriculture. Horticulture in Pakistan has emerged an important sector contributing a good 18.5 percent to the national agriculture GDP (PES, 2019) producing large number of horticultural products to fulfill domestic demand of fruit and vegetables for the rapidly expanding population as well as to cater the rising demand arising in potential export markets.

Pakistan is a major producer of fruits and vegetables. More than 29 types of fruits are produced throughout the year. Production of citrus, mangoes, apples, melons, dates, guava, and apricot reflects strong domestic market demand for horticulture crops. The production of citrus fruits & mangoes peaked 2.40 and 1.73 million tons respectively (MNFSR, 2018), benefitting major export revenue earners.

UK and Pakistan exchanged an estimated USD 2 billion worth of trade in FY19 (SBP, 2019) out of which 12.25 percent was based on fruits alone. It is important that this economic interchange be enhanced as the spillover shall undoubtedly play a critical role in uprooting the 39 percent people living below poverty line in Pakistan (PES, 2019). The rural sector is purely dependent on farming and the actualization of export potential to the UK market, shall shoot up fruit farming, and spur innovation in agro-industry.

Moreover, the UK importers will benefit individually once the competitively priced range of products provided by Pakistan are compared with other choices. The upcoming section provides individual insight over the leading products from the range provided by Pakistan.



8.

MANGOES - HS080450



SEASON



May – Aug
(Summers)

Mangoes are one of the world's favorite fruits for food, juice, flavor, fragrance, and color. Mango is grown in slightly less than 90 tropical and subtropical countries in the world. Asia is considered homeland of the fruit as it produces three-fourth of world's mangoes. Pakistan ranks the 4th largest mango-producing country in the world.

IMPORTANCE

The texture of the Pakistani mangoes varies from a soft and pulpy shape, like an over-ripe plum, to a firmer version similar to a cantaloupe or avocado. Many of the world's most popular varieties of mangoes for export – for example Chaunsa, Langra, Desi, Sindhu – preferred for their taste, texture and shelf life, are already being produced in Pakistan. With increasing investment in techniques to help extend the shelf life of mangoes, Pakistan is making them more viable for export.

PRIME MANGOES OF PAKISTAN

LANGRA



CHAUNSA



ANWAR RATOL



US\$ 13,777,928

SINDHRI



EXPORT (000' US\$)



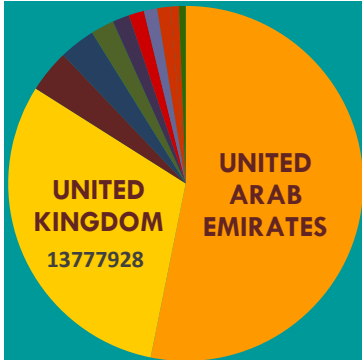
In 2019, Pakistan exported US\$71 million worth of mangoes to the world which were the highest by far. The Chaunsa Mango is considered King Fruit and one of the most highly demanded.

FAVORABLE CLIMATIC CONDITIONS

FERTILE LANDS READILY AVAILABLE

PRIORITY CROP AND KING FRUIT

COMPETITIVE PRICING IN THE REGION



UK is the second largest export destination for Pakistani fresh Mangoes, helping us recognize the existing significance of the trade. In 2016, Ghana signed an Economic Stepping Stone Economic Partnership Agreement (EPA) with the EU, which gave it tariff-free access to the EU market just like Pakistan's GSP+ trade agreement with EU. Through the EPA, Ghana has managed to export twice as much to UK as compared to EU. However, Ghana mainly exports three types of mangoes, whereas, Pakistan produces a wide range which can be used in UK's agro-food processing for consumption.



LANGRA (Jul-Aug)

Unlike other mangoes that transform into yellowish red color, the Langra maintains its green color even after ripening. Its flesh is fiber-less, yellowish-brown and has a strong post-ripe smell. The distinctive feature of Pakistani Langra is that it is a medium-sized, naturally very sugary and soft.

CHAUNSA (Jul - Sept)

Originating from Pakistan, the Chaunsa mango of Pakistan is one of the most loved types of mangoes across the world. Pakistani Chaunsa, known to be the sweetest and most delicious Chaunsa all over Asia is an exceptionally succulent, fibrous and deliciously soft mango with an alluring fragrance.

ANWAR RATOL (Jun - Aug)

Extensively found in the Punjab province of Pakistan, Anwar Ratole contains its rich flavour all over the world. Known as the "King of all types of mangoes", for its delightful and distinctive taste and small size. Its peak season is from mid-July to August.

SINDHRI (May-Aug)

Sindhri originates from the Sindh province of Pakistan. Sindhri is a large, oval-shaped mango which is extremely sugary, low in fibre, and highly aromatic. For many, Sindhri mango is the epitome of taste and texture among mangoes. It has one of the largest varieties in size and its pulp carries high value.

9.

DATES (HS080410)



SEASON

The date is a primitive fruit known to early humans (Homo Sapiens) for 200,000 years but on earth, the fossils reveal that it dates back to some 50 million years! Its cultivation first began in South America and largely grows under scorching conditions in desert areas of Middle-East and Africa.



DATE VARIETIES

The top import market for UK is Israel, followed by Pakistan. Although, 71 percent of the dates imported from Israel comprise of Medjoul category in Israel (Israelagri, 2015). Pakistan has global recognition as a top date supplier consisting of 160 varieties (AFI, 2017). In 2018, the UK imported US\$ 6.3 mn worth of dates from Pakistan, which is six times more than from EU.

	1590414
	1058559
	754761
	1590414
	618818
	1058559

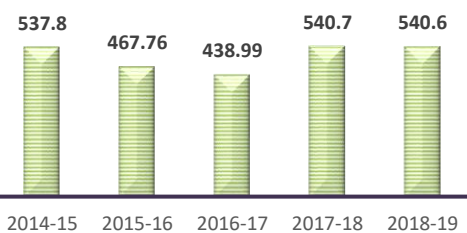
FRESH



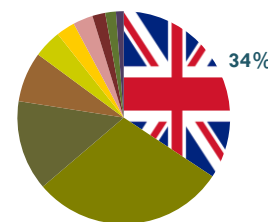
DRIED



PRODUCTION (000' TONS)



In South Asia, Pakistan is the only country that produces this crop solely for commercial purposes. In 2018, date production in Pakistan recorded 540.7 thousand tons which is not only 23 percent higher than in 2017 but also highest ever. Moreover, date exports have been rising consistently since 2016 for both dried and fresh varieties. The revenue earned from dried dates reached US\$ 1.39 billion!



TOP EXPORT MARKETS OF PAKISTANI DATES

34% of UK

29% of USA

14% of Germany

17% of Rest

VALUE-ADDED PRODUCTS

VINEGAR



FRUITCAKE



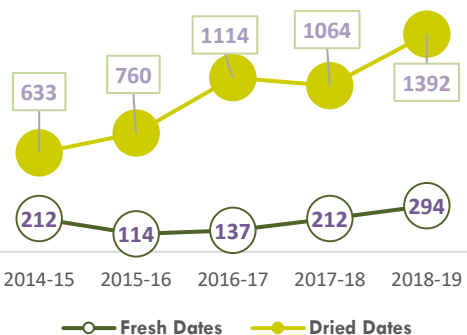
SYRUP



HALWA



EXPORT (MILLIONS OF US\$)



Dates of Pakistan, are exported in two forms as either fresh dates or dried dates. Pakistan's largest export market is the UK to which it directed 30 percent in 2018. To UK, both fresh and dried dates are exported mostly during festivities when date demand by British consumers is highest.

Dates have various industrial and culinary uses such as in preparation of vinegar and famous date halwa.



ASEEL

Semi-dried dark brown skinned with plenty of meat. High sugar content and extensively used in Pakistani desserts.



DHAKKI

Leading aromatic date variety, which takes months to grow but is rich in proteins, fibers, potassium, sodium and calories.



YELLOW

The dry yellow-Rangkat Chuara date is a derivative of the Aseel date and has a natural yellow texture.



BEGUM JHANGI

Rich nutritious variety with a long shelf-life and natural sweet flavor containing multitude of minerals such as magnesium.



AJWA

Melt-in-the-mouth type packed with healthy nutrients that help maintain blood pressure, good brain health and reduces risk of stroke.

- Highest amount of antioxidants for brain health
- Is a natural Sweetener for diet
- Fights cancer and diabetes
- Contains tannins that help in labor
- Contains minerals for strong bones
- Fights Alzheimer's Disease
- Per 3.5 ounce, contains 277g carbs
- Regulates blood sugar level

TOP FIVE VARIETIES



10.

SHELLED ALMONDS - HS081212



SEASON

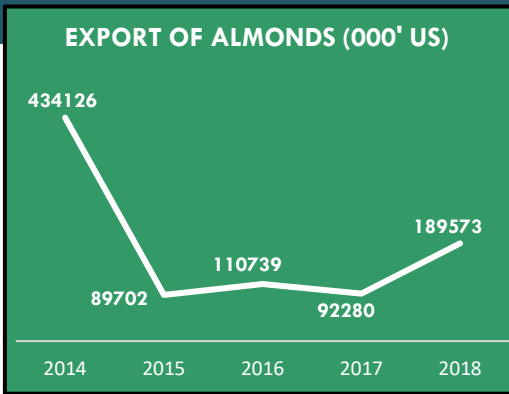
Almond farming dates back to 4000 B.C and in Pakistan these are mostly grown in Gilgit Baltistan where the ideal climate and continuous water supply has encouraged production of high quality almonds for decades. Pakistan produces 20,000 tons of almonds every year and the world buys almonds worth US\$ 2 million from Pakistan, in which the UK has 5 percent share.



All year long

TOP EXPORT VARIETIES IN PAKISTAN:

Composition of whole natural almonds consists of minerals (K, Ca, Mg, P) and vitamin E.



SHELLED WALNUTS - HS080212

11.



Seed to adult tree:
8- 10 yrs.
Optimum yield:
12-13 yrs.



The native Walnut tree is considered gold in Pakistan and produces both English (commercial) and Black (consumption) types. Under Clean Green Pakistan drive, grafted plants were planted to increase their asexuality.

Pakistan produces on average 14000 tons of walnuts and following are the top ones:



HEALTH BENEFITS

One 30g kernel contains 184 calories that strengthens blood walls, supports immune system from diseases, and memory.

The ultimate source of Omega-3 and proteins, is also used in making medicines and the shells for cleaning engines and other uses.

SEASON



12.

PINE NUTS - HS120242



SEASON

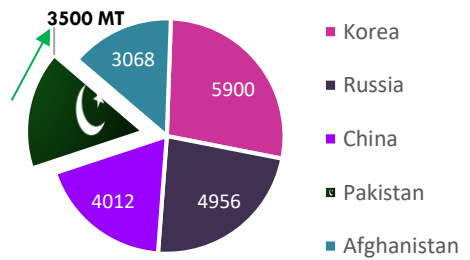
Nov - Jan

Pakistan is the 5th largest producer of pine nuts with 16 percent of global production share. Pine nut is considered one of the most luxurious dried fruits in the world and in Pakistan 85 percent of these are cultivated in South Waziristan..



The Chilgoza (pine nuts) tree grows in Hindu Kush region of Northern Pakistan and aside from cooking it's oil is used in cosmetics and pharmaceutical industry.

Top 5 Producers



Inside each shell, is a sweet tasting creamy white kernel that is packed with nutrients which improve immunity and prevents



13.

DRIED APRICOTS HS - 081310

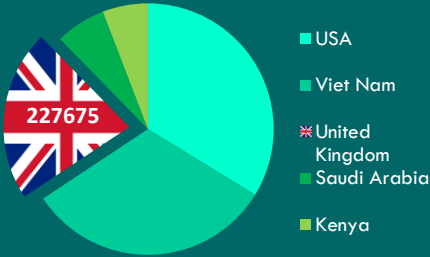


SEASON

Year-round

TOP 5 EXPORT

Hunza, Gilgit Baltistan (GB), is the largest apricot producer with annual harvest of upto 180,000 tons. The livelihood of GB people is intrinsically attached and cumulatively 2,971,935 trees are present in GB. These are dried by evaporating their water content.



Dried Apricots have wide-ranging medicinal and home uses. Pakistan largely exports apricots in dried form and UK is 3rd largest market.



POMEGRANATES HS - 081090

16.

SEASON



Sept till Feb



Pakistan produces one of the finest Kandahari variety of pomegranates in the world. These are mostly cultivated in Balochistan in over 50,000 tons annually and distributed nationwide.

The UK has 25 percent share in Pakistan's world export of pomegranates.



Pomegranates not only elongates the ageing process but its anti-oxidants are best known to battle cancer, strengthen bones and reduce obesity.

14.

DRIED FIGS HS - 080420



USA is Pakistan's largest export market for these 100% organic and juicy dried figs. So, UK can be a very good market too!



PLUMS AND SLOES HS - 080940

17.

SEASON



Nov till Mar



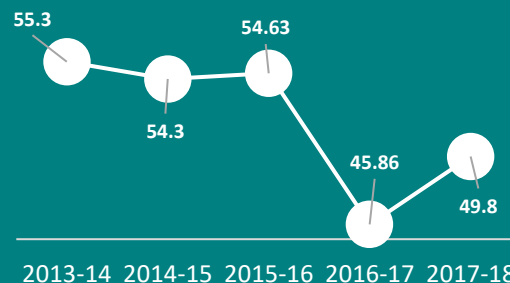
There are very few fruits that come in such a panorama of colors as the juicy sweet tasting plum. Those who have tasted the various plum varieties of Swat know that these are no ordinary produce. The lush fruits have been tantalizing the taste buds of people all across the country and are adored for their distinct saccharine taste and juicy content.

Top 5 Export Markets



UK imports around 48 percent of plums from EU with Pakistan having minimal share. However, Pakistan produces 10 types of the best-known plum varieties in the world – European Plum Fruit. This is considered very precious stone fruit in Pakistan, which is harvested 7 times more than in UK

PRODUCTION (000' TONS)



15.

DRIED PRUNES HS - 081320



The dried version of plums, form an important staple diet of locals in rural and tribal areas of Pakistan. They add flavor in desi cuisines like Biryani.

Pakistan produces approximately 40,000 tons annually. Just dried prune contains 23000 calories and abundant vitamins and minerals. These improve eye-sight, keep heart healthy and for centuries have proved to promote hair growth and prevent ageing!

Vitamins: A, C, K, B1
Minerals: Mg, P, Zn, Ca, F and K



18.

BANANAS - HS080390



SEASON



Year-round

VARIETIES IN PAKISTAN

CAVENDISH DWARF



CAVENDISH GIANT

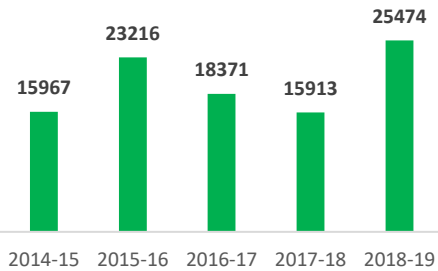


TOP BANANA DISHES



Bananas fall in the category of top fruits in Pakistan. Although, they are mostly found in deep jungles of Philippines and Australia, it has become the prime fruit crop of Asia after rice, wheat and maize, given their wholeness in terms of diet.

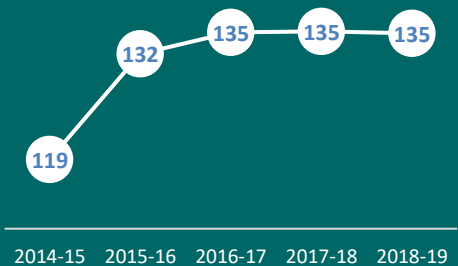
EXPORT (000' US\$)



In Pakistan, banana is mostly consumed locally due to its high demand. Sindh Province produces 93 percent of the fruit crop. In 2019, exports jumped by 59 percent since 2014 to the highest ever recorded: US\$25.4 million. With William Hybrid variety and G-9 to be added into the mix, and cultural diversification, limited pesticide use and improved post-harvest methods, production is deemed to continuously maintain upward trajectory to meet post-Brexit demand hike.

Banana production has remained steady in Pakistan, after the government managed to reasonably limit the spread of the Bunchy Banana Tree Virus (BBTV), which has decimated sector performance of banana in UK's largest import markets for bananas such as Philippines, Indonesia and Ecuador. During the last 3 years, Pakistan has produced, on average, 134,500 tons of bananas annually. The United Nation's has put the country in top 50 producers of the world list.

PRODUCTION (000' TONS)



Every banana finger is grade-wise tested before transport, to ensure it matches demand specifications of importer (grade-1 is perfectly ripened). For examples, the hands are combed with fungicidal paste to ensure it is not mechanically damaged which foreign custom authorities easily catch. Pakistani customs have made it mandatory for bananas packages to be sealed with perforated plastic film lining with little addition of potassium permanganate, which helps reduce oxygen content and increase shelf-life.

Carbs for Athletes. Helps greatly reduce incidence of cramps and soreness in muscle.



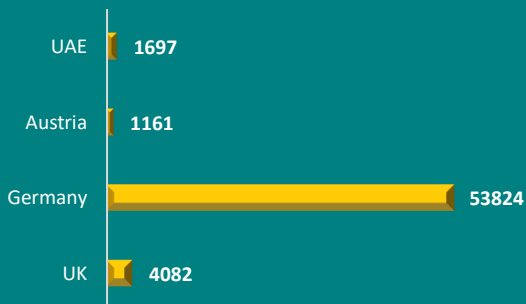
Packed with Vitamins. VB6, C, Manganese, Copper, Potassium and even starch!

Sensitizes Insulin Activities. Unripened banana carries resistant-starch that controls insulin build-up.



Moderates Blood Sugar Level. Ripened bananas carry pectin that keeps heart healthy.

The Sprouts Biotech Labs of Sindh is developing the Grand Naine (G-9), variety which is the largest imported banana type from Israel and has risen to prominence as the most preferred banana due to high tolerance for A-biotic stresses and juicy bunches. The G-9 is a uniform yellow in color with much better shelf life than other cultivars.



TOP FIVE EXPORT MARKETS FOR BANANAS

World Export in 2019 = US\$25.5 million

Per Hectare Production = 5 tons

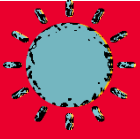
The UK is dependent on import of Cavendish bananas because biotechnology has not reached the stage where banana plantation is viable. Then there is global warming affecting farmers. Pakistan, produces twice of what UK imports from the EU, which makes it a good alternative.

19.

APPLES - HS080810



SEASON



Jul to Mid Nov

OTHER VARIETIES IN

KALA KULU



GOLDEN TASTY



GAJA

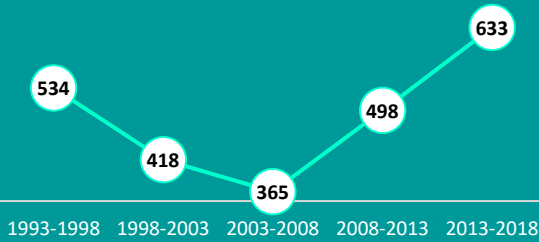


INDUSTRIAL PRODUCTS



Pakistan is the 28th largest apple producer in the world and in the given climatic conditions and soil fertility, the Kala Kullu is the most popular variety which is biggest in size and tastiest. Lesser produced version is the Gaja, which has lesser yield than Kala Kullu but fetches highest revenue. Originally, these were found in areas of Western Asia, between Caspian and Black Sea. In Pakistan, tissue-culture practice of growing apples is currently being tested by National Genebank of Pakistan (NGP) and 44 successful plants were forwarded to the government. The NGP greatly reduces the risk of disease infestation among plants and facilitates its early production through scion regeneration.

AVG. PRODUCTION (000' TONS)



Cleft-grafting



Pruning



Hail-netting

Pakistan has recently acquired access to new markets, such as Russia, which has exacerbated export demand and the production. According to the latest provisional data forwarded by PARC, Pakistan produced 649,290 tons of apples which is higher than the 5-year average yield. With the cleft-grafting methods to diversify apple variety per tree and application of proper nutrition, as well as use of modern preventive measures like mechanized and timely pruning, selecting diploid variety of pollinizers to assist insect pollination and using nylon nets during hailstorms the production is deemed to continue rising exponentially to meet UK apple demand. From the graphical illustration, the average production has increased by 73 percent since 2003-2008 period.

Mastung, Balochistan, is the center of apple production in Pakistan due to its fertile-rich lands that provides to 53 percent toward the total export revenue. An economic analysis study conducted on apple orchards production in Mastung, Balochistan, growers normally earn 23 percent above the costing (Sanaullah Noonari, 2015).

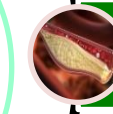
MEDICINAL VALUE



Regular consumption can cure kidney stones and defends against Parkinson's and diabetes



Apple skin contains Vitamins C and A and flavonol which reduces risk of pancreatic cancer



Raw apples contains potassium and phosphorus for tooth decay and phenolic compound sticks to arterial walls that guards from build-up of cholesterol and blood pressure

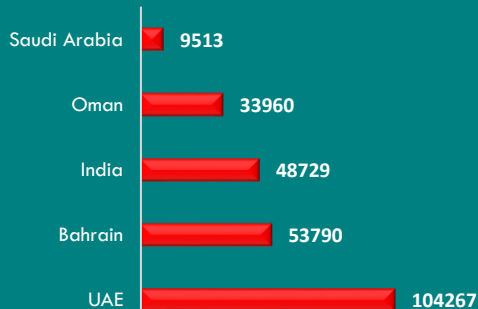


Apple peel contains water that can be used for inflamed eyes and as an eye wash. The antioxidants greatly shields from cataract

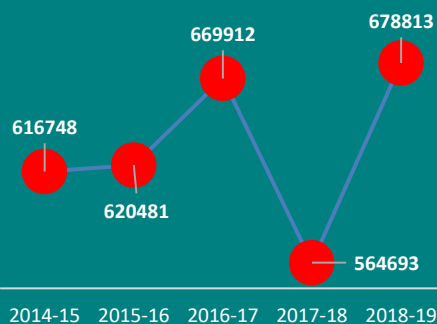


Slows down mental aging and the acetylcholine is rich in neurotransmitter which slows down aging

TOP EXPORT MARKETS (000' US\$)



PRODUCTION (000' TONS)



World Export in 2019 = US\$209,000

Production Capacity = 700,000 tons

The source of UK's supply chain dominantly emerges from France, which supplies 38 percent of apples. On other hand, Pakistan produces slightly more tons than UK and produces, top two apples, which UK imports from France: golden and red (*Pyrus malus* Linn) which are the juiciest varieties in the world.



CATALOGUE OF EXPORTERS

LIST OF FRUIT AND VEGETABLE EXPORTERS

The EFP-EC has prepared a catalogue of relevant companies, businesses and proprietors from its stakeholders' body, who are involved in the export of all fruits and vegetables covered in this report. The enlisted producers are confident that they can meet the additional demand in light of the Brexit situation. All enlisted members are fully accustomed to the basic requirements of the UK customs and have expressed great interest in furthering trade prospects by connecting with new retailers and importers present in Britain.

The council has also collected product portfolios from the ones that had made one and will forward to the office of Pakistani High Commissioners in the UK to assist in the fruitful materialization of this initiative.

HIGH-POWERED EXPORTERS

The catalogue of exporters whom the Research and Development team of EFP-EC had contacted during the survey. The following list is distributed into two parts:

- I. High Power Exporters
- II. The Larger List of Sellers

S.No.	COMPANY	VEGETABLE	CONTACT	TELEPHONE	EMAIL
1	Asia Mega Foods	Onion and Mango	Nazeer Ahmed	92 3312817697	office@imtiyaz.biz
2	Rishad Mateen & Co	Mangoes and Oranges	Mateen Siddiqui	92 3008276284	rishadmateenrnc@gmail.com ; info@rishadmateen.com
3	Virk International Pakistan	Mangoes, Chilies and Okra	Ch. Rahat Abbas Virk	92 3012386535	virkintpk54@hotmail.com
4	Supreme Fresh Fruits & Vegetable	Mangoes and Potatoes	Asif	92 3212204610	
5	Gilano International	Dates		92 21 35650760	gilanokhi@yahoo.com
6	Wisdom Industries (Private) Limited	Dates	Kafeel	92 213 248 0108	shipping@wisdomindustriesltd.com
7	New Lal Shahbaz Traders	Iranian Dates	Pandit Kumar	92 345 2543914	info@nslt.com.pk , ceo@nslt.com.pk
8	Kashan Enterprises	Mangoes	Kashan	92 3458884300	kashan.enterprises@outlook.com
9	Sindh Mango Growers And Exporters	Mangoes	Mahmood	92 333 260 2962	info@mangorio.com , mahmood@mangorio.com
10	Farm House Export (Private) Limited	Chilies, Peas	Rizwan	92 21-32425332, 92 3012200147	farmhouse.com.pk

11	Fresh Fru	Mangoes	Shahzad	92 3458202135	shahzad.sheikhsfruit@gmail.com, freshfruit@gmail.com
12	Warraich & Sons	Chillies and Mangoes		92 3457041082	warraich.sons@yahoo.com
13	Citrus Asia Enterprises	Kinnow	Mohd Irfan	92 483783222, 92 3214070450	citrusasia@gmail.com
14	Fruiti Fresh Pvt. Ltd	Kinnow, Potatoes	Ata ul Rehman	92 5134444165	fruitifresh1@hotmail.com
15	Bulleh Shah Foodstuff	Kinnow		92 3008022292	
16	Roshan Enterprises	Oranges	Zubair		roshan@roshan.org.pk
17	Anas Tropical	Mangoes and Mandarin	Mohammad Zaman	92 300-2262819	anstropical105@hotmail.com
18	Citrus Asia	Kinnow, Mango and Potato	Mohd. Irfan	92 300 346 0088	citrusasia@gmail.com
19	Asia Mega Foods	Dried nuts, pine nuts and dates	Imtiaz	92 36810453	info@amegafoods.com
20	Mateela Kinnow Factory	Kinnow	Farhat	92 51 2224830	mateelacitrus@dsl.net.pk
21	Madina Foodstuff Industry	Citrus fruits, Peaches, Dates, Plums	Waqar	92 300 8022292	
22	Awan Traders	Kinnow, and Mangoes	Malik Abdul Qayyum	92 300 9600820	awanpak27@hotmail.com
23	Mountain Fruits Pvt Ltd.	Almond, Apricot kernals, walnut, and dried apples	CEO Sher Ghazi	92 5811 459990 923435418925	sher@mfc-fairtrade.com
24	Taj Foods Pvt Ltd.	Dates organic, Dated pitted, Mulberries	Umar	92 55 4283026	export@tajfoodspk.com
25	M. Manzoor & Company Pvt Ltd.	Kagzi Almonds, Pine Nuts (chilghoza) dates, walnuts		92 21 32354298	manzoorc@paknet3.ptc.pk
26	Green Overseas		Abbas	92 300 2546662	abbasgreenoverseas@hotmail.com
27	Al Wakeel International (Pvt) Ltd	Almonds, Walnut		92 42 36280037	
28	Akber Khan Dry Fruits	Cashews, Almonds and pine nuts	Khan Muhammad	92 42 37650744	
29	Shalimar Foods/ Rubina Traders	Processed Nuts and dried fruits/ almonds walnuts		92 21 35872701	export@hilalfoods.com.pk
30	Tawab Traders	Dried fig	Suleman	92 42 37730247	
31	Zaiqa Foods Industries	Tamarind, Turmeric, Chillies, Spices	Mohammad Siddique Misri	92 332 8222466	info@zaiqaspices.com
32	M. Ilyas & Brothers	Green Chillies	Mohammad Naseer	92 300 2722668	mehar_ilyas82@yahoo.com
33	Awab Enterprises	Karela, Long Kaddu, Long Arwi	Amber	92 42 35877403	



VEGETABLE EXPORTERS

POTATOES – HS070190

EXPORTER	ADDRESS	EMAIL	PHONE
WARRAICH & SONS	Plot No. 4, Sommer Chatta Goth, Opposite Prem Villas, Malir Cantt, Karachi.	info@warraichandsons.com	0345-704-1082, 0300-260-8960

ONIONS (RED) – HS070310

Exporter	Address	Email	Phone
LUCKY GLOBAL COMMODITIES	OFFICE #22-26, 3RD FLOR, RK SQUIRE, SHAHRAH-E-LIAQAT, KARACHI, SINDH	advocate_aqeel@yahoo.com	2135370452
ALIZAS FOODS PRIVATE LIMITED	G4 MEHRAN EXCELLENCY PLOT 12 FT1 MEZZNINE FLOOR MAIN CLIFTON ROAD,KARACHI		5375071-72
FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	shahzad.sheikhsfruit@gmail.com	0092-345-8202135, 0092-21-34184100
ALIZAS FOODS (PVT) LTD	G-4, Mehran Excellency, No. 12 FT-1, Mezzanine Floor, Clifton, Karachi-Pakistan.	ceo@alizasfood.com	92-21-35876336

CABBAGE AND CAULIFLOWER - HS070410

Exporter	Address	Email	Phone
KASHIF ENTERPRISES	OFFICE NO 114 ALLAMA IQBAL ROAD GARI SHAHU GARHI SHAHU, LAHORE	zaibmerani@hotmail.com	092-42-5215812
IRAN SHAH	OFFICE NO.5 GULMASH HOTEL QAUMI MARKET TORKHAM KANDI KOTAL		3004646229
SUDAIS SHINWARI TRADERS	OFFICE NO.12, KHUGA KHEL,QUMI MARKET, TORKHAM,LANDI KOTAL	ns_1985@live.com	3028875454
ADNAN ALI ENTERPRISES	ROOM NO 8 3RD FLOOR SADDIQI PLAZA HASHTRNGARI GT ROAD PESHAWAR		3005895787

GARLIC – HS070320

Exporter	Address	Email	Phone
AL HUSSAIN TRADERS	ROOM NO 211 REGAL TRADE SQUARE REGAL SADDAR KARACHI	al_husaintrader@yahoo.com	300-8636280
SUNNY INTERNATIONAL	Iqbal colony, Delazak Road, Peshawar, Pakistan.	info@sunnyinternational.com.pk	92 (0) 91 2244465-6
GULZAR FOODS INTERNATIONAL	Plot Number 29, Sector 4-F, Quaid-e-Awam Colony Orangi Town Karachi.		0300-3726502,; 0321-2497635,
FAUJI FRESH N FREEZE LIMITED.	Jami Commercial Street 9, D.H.A. Phase 7 Phase 2 Commercial Area Defence Housing Authority, Karachi, Karachi City, Sindh 75500	info@freshnfreeze.com	042-38104430

GENUS CAPSICUM, FRESH OR DRIED – HS070960

Exporter	Address	Email	Phone
HANI TRADING COMPANY	OFFICE NO 205 SHAMIM SQUARE MAIN MARKET GULBERG II LAHORE	qadriaassociates@hotmail.com	42357883 01
KAYANI BROTHERS & COMPANY	Shop # 73-74 Block ACW New Fruit Market Super Highway Karachi	kanjoo_brother@yahoo.com	0092-21-36870810, 0092- 345-6178582
FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	shahzad.sheikhsfruit@gmail.com	0092-345-8202135, 0092-21-34184100
AL HUSNAIN ENTERPRISE	P.N.S.C Complex Flat No. G-6, Sector 15/A-3, Buffer Zone. North Nazimabad, Karachi-Pakistan	alhusnainenterprises@hotmail.com	021-36950468, 0321-2296604
UNNF ENTERPRISES	HOUSE NO.6,EDEN VILLAS THOKAR NIAZ BAIG,LAHORE,PUNJAB	asgharqazi@yahoo.com	+92-42-35833583 +92-42-35833584,

WAQAS EJAZ ENTERPRISES	http://www.waqasejazerprises.org.com/	waqasejazerprises@gmail.com	0321 2039053
IMRAN & SONS	A-588, Near Rehman Autos, Malir Colony Karachi Sindh	imransons@cyber.net.pk	0300- 2262459, 02134599 925
SMA ENTERPRISES	Plot No 3296 Essa Nagri Mohammadi Goth, Baloch Pora Karachi	same_pak@yahoo.com	021- 34542298- 34532298, 0321- 2156870
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333- 1929710
FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shahra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	021- 32425332, 021- 32420979
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333- 1929710
FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shahra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	021- 32425332, 021- 32420979
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333- 1929710
FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shahra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	021- 32425332, 021- 32420979

GREEN PEAS – HS 071021

Exporter	Address	Email	Phone
UNNF ENTERPRISES	34-AIBAK BLOCK, NEW GARDEN TOWN, LAHORE	umair@unnf.pk	+92-42- 35833583 +92-42- 35833584,

FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shakra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	021-32425332, 021-32420979
AL HUSNAIN ENTERPRISE	P.N.S.C Complex Flat No. G-6, Sector 15/A-3, Buffer Zone. North Nazimabad, Karachi-Pakistan	<u>alhusnainenterprises@hotmail.com</u>	<u>021-36950468,</u> <u>0321-2296604</u>
FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	<u>shahzad.sheikhsfruit@gmail.com</u>	0092-345-8202135, 0092-21-34184100
BALMEERA INTERTRADE	41-B, LOWER MALL, LAHORE	balmeeraintertrade2@gmail.com	042-37320207 042-37320208,
LUCKY GLOBAL COMMODITIES	OFFICE #22-26, 3RD FLOOR, RK SQUIRE, SHAHRAH-E-LIAQAT, KARACHI, SINDH	advocate_aqeel@yahoo.com	2135370452
SUNNY INTERNATIONAL	Iqbal colony, Delazak Road, Peshawar, Pakistan.	info@sunnyinternational.com.pk	92 (0) 91 2244465-6
JHULAY LAL COMMISSION SHOP	SHOP# 247 NEW LINK KACHA FEROPUR ROAD, LAHORE CANTT PAKISTAN	INCOMETAX@IMCPAKISTAN.COM	2138681041
L.F INTERNATIONAL	OLD BUDHLA ROAD, MULTAN	farhansid800@yahoo.com	616771083
RISHAD MATEEN & CO	22, 3rd Floor Mian Chambers Shakrah-e-Liaquat Karachi	rishad_mateen@hotmail.com	021-32421764, 0300-8276284
WARRAICH & SONS	Plot No. 4, Sommer Chatta Goth, Opposite Prem Villas, Malir Cantt, Karachi.	<u>info@warrachandsons.com</u>	034-570-41082, 0300-260-8960
ZULFIQAR & CO.	Near Quba Masjid Mano Goth Sabzi Mandi No.2 University Road, Karachi	zulfiqarco@hotmail.com	021-34124500, 0300-2451896
SMA ENTERPRISES	Plot No 3296 Essa Nagri Mohammadi Goth, Baloch Pora Karachi	same_pak@yahoo.com	021-34542298-34532298, 0321-2156870

Q & S ENTERPRISES	SHOP # 13, BLOCK-2, NEW FRUIT MARKET SUPER HIGHWAY	qds.exporters@yahoo.com	0345-3176725, 021-36833141
AK ENTERPRISES	7B/1, 7th Floor Westland Trade Center Shaheed- e-Millat Road, Karachi Pakitan	info@akenterprises.com.pk, akenterprises964@gmail.com, kamran_usman2@hotmail.com	3003513890
ANAS TROPICAL FRU & VEG EXPORT CO	Plot # 231, Muno Goth Old Sabzi Mandi No.2, Near Masjid Aksa, Karachi	anstropical105@hotmail.com	021- 34941571, 0300-2262819
BALMEERA INTERTRADE	41-B, LOWER MALL, LAHORE	balmeeraintertrade2@gmail.com	042-37320207 042-37320208,
IMRAN & SONS	A-588, Near Rehman Autos, Malir Colony Karachi Sindh	imransons@cyber.net.pk	0300-2262459, 02134599925
BURAAQ INTERNATIONAL	Rehman Shaheed Rd, Shadman Colony, Gujrat, Gujrat, Punjab	info@buraaqintl.com	0323-5989499
S. N. Trader	House # 20 Sakhi Sultan Colony Suraj Miani Road	sntraders@hotmail.com	061-4784223, 0321-6395798
AL-HAMEED ENTERPRISES	C-180 Nishter Basti, Opp. Pak DWD Gate,Subzi Mandi, University Road Karachi	al_hameedent@yahoo.com	021-34923567, 0300-8233120
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333-1929710
SHAIKH INTERNATIONAL	95-96 Dost Muhammad Jhonjhar Village Behind New Sabzi Mandi, Super Highway, Karachi	sheikhsfruit@cyber.net.pk	021-36870033, 0334-3102135
SHEZAN INTERNATIONAL LIMITED	Plot No. L-4, Block No. 22	shezan@cyber.net.pk	021-36829766- 68
O & J ENTERPRISE	R-15/II, Khayaban-e- Saadi, Phase VII, DHA, Karachi	onjentpl@hotmail.com	021-35350682, 0300-8242407

MUSHROOMS, DRIED OR WHOLE CUT - 071231

Exporter	Address	Email	Phone
CONVENIENCE FOOD INDUSTRIES (PVT) LTD.	L-06, Block 21, F.B Industrial Area P.O Box 75950, Karachi Pakistan	info@lazizafoods.com	0111-529-492, 36821217-23
ALIZAS FOODS (PVT) LTD	G-4, Mehran Excellency, No. 12 FT-1, Mezzanine Floor, Clifton, Karachi-Pakistan	ceo@alizasfood.com	021-35290808-809, 021-35876336
M. MANZOOR AND COMPANY (PAKISTAN) (PRIVATE) LIM	13, Sindh Market, M.A. Jinnah Road, Karachi	a1spices@cyber.net.pk	021-32354297
ZAIQA FOODS INDUSTRIES	ZAIQA FOOD INDUSTRIES Plot No,20-B/5, Sector-19, Korangi Industrial Area, Karachi, Pakistan	info@zaiqaspices.com	03008222466, 03328222466
M. ILYAS & BROTHERS	Plot # B-28-8A/4, Al-Habib Co-operative Housing Society, Super Highway, Gulshan-e-Maymar Road, Scheme-33, Karachi	mehar_ilyas82@yahoo.com	0300-2722668, 021-36880216
FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	shahzad.sheikhsfruit@gmail.com	0092-345-8202135, 0092-21-34184100

RED BEANS (LOBIA) - HS070820

EXPORTER	ADDRESS	EMAIL	PHONE
Barkat Sons International	Room # 215 Mashriq Center 2nd Floor Block - 14 Gulshan-e-Iqbal Karachi	barkatsons@hotmail.com	0300-9281439



FRUIT EXPORTERS



DATES, NUTS AND DRIED FRUITS

Exporter	Address	Email	Phone
O & J ENTERPRISE	R 15/H KHAYABN E SAADI PHASE VII DHA KARACHI	onjentpl@hotmail.com	214402476
AZAM & SONS	PLOT NO 30 PVT SCKEME HANIF PARK BADAMI BAGH LAHORE,PAKISTAN	adilandco@hotmail.com	0423-37616100
PERMESHAWAR TRADERS	SHOP NO.29 PHASE 2 KHAJOOR ANAJ MARKET, KHAIRPUR SINDH	seumal45204@outlook.com	071-5804082
GILANO INTERNATIONAL	1109, Kashif Centre, Main Shahrah-e-Faisal, Karachi, Pakistan	INFO@GILANODATES.COM	02135650760
ROYAL DATES FOODS (PRIVATE) LIMITED	504 5th Floor Jilani Tower, M.W.Tower, M.A.Jinnah Road	jameel@royalfoodspk.com, shakeel@royalfoodspk.com, info@royalfoodspk.com	0092-21-3244 3677/3247 2436
SHARMEEN FOODS (PVT.) LIMITED	5TH Floor Haji Adam Chambers, Altaf Hussain Road, New Challi , I.I Chundigarh , Karachi , Pakistan	info@sharmeengroup.com	0092-21-32415803 , 32427876 , 32427877
AIYOOB DESAI & COMPANY	NP.11/21, Daryana Street Jodia Bazar P.O.Box 6741, Karachi 74000, Sindh, Pakistan	desai@cyber.net.pk	9221-2546308 / 2546269 / 2546289 / 2546373
WISDOM INDUSTRIES (PRIVATE) LIMITED	Suite 813, K.S Trade Tower Shakra-e-Liaquat, Frere Road Karachi, Pakistan	info@wisdomindustriesltd.com	0213 248 0108
FINE FOODS	Suit No.101, JJ Center, Daryalal Street, Karachi	finefoodspk@yahoo.com, info@finefoodspk.com	923008260873, 0213 2430051
COMTRAD	Flat 5&6, MR 4/60 Suleman Str. Off Rampart Row, Karachi 74000, Sindh, Pakistan	maniya@digicom.net.pk	9221-2437535 / 2431260
AFTAB FAROOQ TRADERS (PRIVATE) LIMITED	OFFICE NO. 173-2-C-II, TOWNSHIP, LAHORE	aftabfarooqtraderspvtlimited@gmail.com	92-42-35124577
RAZA TRADERS	B-44, Block 5 Gulshan-e-Iqbal Karachi	iqtraza@yahoo.com	0092-21-36975149
O & J ENTERPRISE	R-15/II, Khayaban-e-Saadi, Phase VII, DHA, Karachi	onjentpl@hotmail.com	0092-21-35350682, 0092-300-8242407
UNION FRUIT EXPORT (PRIVATE) LIMITED	54-G, Tawakkal House, Gujar Chowk, Manzoor Colony Karachi	unionfruit@unionfruit.com	0092-21-35891067

FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	shahzad.sheikhsfruit@gmail.com	0092-21-34184100, 0092-345-8202135
WARRAICH & SONS	Plot # 84, Near Ghani Eleven Ground,Old Sabzi,		0092-21-34857989, 0092- 321-2030147
K.P INTERNATIONAL	47-B Al Hilal Society Old sabzi mandi Karachi	joubt2001@yahoo.com	0092-21-34919944, 0092-301-8480153
SNS IMPEX	Plot# B-14 sector 8-A/1 Al-Habib Co-operative housing society main super highway Gulshan-e-maymar, Karachi, Pakistan-74300	sntraders@hotmail.com	0300 3533110; 061-4784223, 0321-6395798
JAVED CO.	77/F, Pia Housing Society, Lahore	http://www.javedandco.com	92-42-35211401, +92-042-35211402
KASHAN ENTERPRISE	10 KM OFF KHANEWAL ROAD, MULTAN	kashan.enterprises@outlook.com	0345 8884300, 03336067907
VIRK INTERNATIONAL PAKISTAN	Plot # C/21, Sector # 8-A/1, KDA Scheme # 33, Al Habib Co-operative Society Ltd., Gulshan e Maymar Mor Super Highway Road Karachi, Pakistan	virkipk54@hotmail.com, rahatnaz54@hotmail.com	92-21-3680544, 36880344, 092-301-2386535, 312-2386535
PROGRESSIVE MANGO GROWERS MULTAN	214-215, Second Floor, Metro Plaza, Qasim Road, Multan-PAKISTAN	info@pmgmultan.org, marketing@pmgmultan.org	92-61-4581436
M. ILYAS & BROTHERS	Plot # B-28-8A/4, Al-Habib Co-operative Housing Society, Super Highway, Gulshan-e-Maymar Road, Scheme-33, Karachi	mehar_ilyas82@yahoo.co, www.milyasbrothers.com	0092-21-36880216, 0092-300-2722668
SHAIKH INTERNATIONAL	95-96 Dost Muhammad Jhonjhar Village Behind New Sabzi Mandi, Super Highway, Karachi	sheikhsfruit@cyber.net.pk	0092-21-36870033, 0092-334-3102135
M/S RISHAD MATEEN & CO	22, 3rd Floor Mian Chambers Shahrh-e-Liaquat Karachi	rishad_mateen@hotmail.com	0092-21-32421764, 0092-300-8276284
AL HUSNAIN ENTERPRISE	P.N.S.C Complex Flat No. G-6, Sector 15/A-3, Buffer Zone. North Nazimabad, Karachi-Pakistan	alhusnainenterprises@hotmail.com	0092-21-36950468, 0092-321-2296604
AROMA OVERSEAS	PGSHF, Shahkam Chowk, Mohlanwal, Near Bahria Town, Lahore	https://aromafoodz.com/contact-us/	92 334 1111791
SINDH MANGO GROWERS AND EXPORTERS	Flat No#5-B, Burhan centre, Al-Amna complex Cantt Hyderabad, Pakistan	info@mangorio.com, mahmood@mangorio.com	92 333 260 2962, 92 300 826 5890

SAANCO ENTERPRISES	Street No. 43/S Pak Colony, Near Timber Market, Ravi Road Lahore - PAKISTAN	saancoent@yahoo.com	092- 42-3770-7915, 0092-300-400-9536
FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shakra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	92-21-32425332, 92-21-32420979
UNNF ENTERPRISES	34-AIBAK BLOCK, NEW GARDEN TOWN, LAHORE	umair@unnf.pk	92-42-35833583, 92-42-35833584
NOUMAN & FAIZAN BROTHERS	Flat No. D-13, Crescent. Appartment, Block13-D/3, Gulshan-e-Iqbal, Karachi	ahyaanenterprises@hotmail.com	021-34970036, 0364-4095095
AL-HAMEED ENTERPRISES	C-180 Nishter Basti, Opp. Pak DWD Gate,Subzi Mandi, University Road Karachi	al_hameedent@yahoo.com	021-34923567, 0300-8233120
ZAHID AND CO	6 K.M. Kot Momin Road, Bhalwal Sargodha	sungold@hotmail.com	0486-892248, 0345-8600255
TAJ ENTERPRISES	Office # 11, Al - Mansoor Plaza, Pakistan Chowk New Chali, Karachi, Karachi City, Sindh 74200		0322 6791645
ORIENT ENTERPRISES	M-13, Trade Avenue, Hasrat Mohani Riad,I Chundrigar Riad, Karachi	sfzaman_309@hotmail.com	021-32477522, 0321-2800954
AL ABBAS ENTERPRISES	Khawat # 478, Rawan Road Tatepur, Multan.Pakistan	alabbas.enterprises@yahoo.com	021-34901557, 0300-8630807
WAQAS EJAZ ENTERPRISES	http://www.waqasejazenterprises.org.com/	waqasejazenterprises@gmail.com	0321 2039053
GHAUSIA TRADERS INTERNATIONAL	Office # 499 R- Block Model Town EXT Lahore	info@ghausia.com	042-6892382, 0322-6065372
AWAN TRADERS (FACTORY)	344 - D, Satellite Town Sargodha Pakistan	awanpak27@hotmail.com	048-3215320, 0300-9600820
BURAAQ INTERNATIONAL	Rehman Shaheed Rd, Shadman Colony, Gujrat, Gujrat, Punjab	info@buraaqintl.com	0323-5989499
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333-1929710
AROMA ENTERPRISES	C-51, Block 15, Gulistan-e-Jauhar, Karachi	aroma786@cyber.net.pk	021-35206657, 0345-8249926
ZULFIQAR & BROTHERS	Near Quba Masjid Mano Goth Sabzi Mandi No.2 University Road, Karachi	zulfiqarco@hotmail.com	021-34124500, 0300-2451896
O & J ENTERPRISE	R-15/II, Khayaban-e-Saadi, Phase VII, DHA, Karachi	onjentpl@hotmail.com	021-35350682, 0300-8242407

MANGOES - HS080450

Exporter	Address	Email	Phone
IFTEKHAR AHMED & CO	205, FRUIT MARKET UNIVERSITY ROAD KARACHI		4949590
ROSHAN ENTERPRISES	B-51, RIZWAN SOCIETY, MAIN UNIVERSITY ROAD KARACHI		8145717- 8145919
OMRAI ENTERPRISES, SHOP NO.62B,	AGHA QADIRADAD, ZARAI MAREKT, AFGHAN MARKET BARRAGE ROAD, SUKKUR SINDH		071-5650571 03009315063
O & J ENTERPRISE	R 15/H KHAYABN E SAADI PHASE VII DHA KARACHI	onjentpl@hotmail.com	214402476
SAEED KHAN ENTERPRISES	HOUSE NO: A-1/94 BLOCK 13/A P.R.E.C.H.S GULSHAN- E-IQBAL, KARACHI.		021-4912419
AZAM & SONS	PLOT NO 30 PVT SCKEME HANIF PARK BADAMI BAGH LAHORE,PAKISTAN	adilandco@hotmail.com	0423-37616100
TAJ FOOD PVT LTD	P O BOX 7111 PMG OFFICE H. NO. 13 ST. NO. 8 TOHEED NAGER, LAHORE		7246584
SUPREME INTERNATIONAL	A-21-39 KARACHI CENTRE SABZI MANDI KARACHI		4929872
SUNNY IMPORT & EXPORTS	PLOT NO R-09,SECTOR NO 40 KDA SCHEME - 33 GULISTAN JUHAR KARACHI		0331-8023825
PERMESHAWAR TRADERS	SHOP NO.29 PHASE 2 KHAJOOR ANAJ MARKET, KHAIRPUR SINDH	seumal45204@outlook.co m	071-5804082
GILANO INTERNATIONAL	1109, Kashif Centre, Main Shahrah-e-Faisal, Karachi, Pakistan	INFO@GILANODATES.CO M	92.21.35650760
ROYAL DATES FOODS (PRIVATE) LIMITED	504 5th Floor Jilani Tower, M.W.Tower, M.A.Jinnah Road	jameel@royalfoodspk.com , shakeel@royalfoodspk.co m, info@royalfoodspk.com	0092-21-3244 3677 / 3247 2436
SHARMEEN FOODS (PVT.) LIMITED	5TH Floor Haji Adam Chambers, Altaf Hussain Road, New Challi , I.I Chundigarh , Karachi , Pakistan	info@sharmeengroup.com	0092-21- 32415803 , 32427876 , 32427877
AIYOOB DESAI & COMPANY	NP.11/21, Daryana Street Jodia Bazar P.O.Box 6741, Karachi 74000, Sindh, Pakistan	desai@cyber.net.pk	9221-2546308 / 2546269 / 2546289 / 2546373

GNS PAKISTAN	Pakistan, Khairpur, Sindh, Pakistan	info@gnspk.com	9.23044E+11
WISDOM INDUSTRIES (PRIVATE) LIMITED	Suite 813, K.S Trade Tower Shahra-e- Liaquat, Frere Road Karachi, Pakistan	info@wisdomindustriesltd. com	92 213 248 0108
NEW LAL SHAHBAZ TRADERS	Office # 10, Phase 1, Anjuman e Tajaraan, khajoor Market Khairpurmir's, Sindh, Pakistan		92 345 2543914
FINE FOODS	Suit No.101, JJ Center, Daryalal Street, Karachi	finefoodspk@yahoo.com, info@finefoodspk.com	923008260873, 0092 213 2430051
COMTRAD	Flat 5&6, MR 4/60 Suleman Str. Off Rampart Row, Karachi 74000, Sindh, Pakistan	maniya@digicom.net.pk	9221-2437535 / 2431260
NATIONAL SALT LAMPS TRADERS	Shop No. 125, Shaheenabad Mor, Sargodha.		92-48-6511424, 0300-8602486
AFTAB FAROOQ TRADERS (PRIVATE) LIMITED	OFFICE NO. 173-2-C-II, TOWNSHIP, LAHORE	aftabfarooqtraderspvtlimit ed@gmail.com	92-42-35124577
M. MANZOOR AND COMPANY (PAKISTAN) (PRIVATE) LIMI	13, Sindh market, MA Jinnah road, Karachi		a1spices@cyber. net.pk

PLUMS AND SLOES - HS080940

Exporter	Address	Email	Phone
ZUBSA ENTERPRISES	13-B MIR DARBAR, MUSTAFA ABAD, CANTT, LAHORE	clients_juriscounsel@yahoo.co m	0321 6400155
AL HUSSAIN TRADERS	ROOM NO 211 REGAL TRADE SQUARE REGAL SADDAR KARACHI	al_husaintrader@yahoo.com	300-8636280

POMEGRANATES – HS08109010

Exporter	Address	Email	Phone
WARRAICH & SONS	Plot No. 4, Sommer Chatta Goth, Opposite Prem Villas, Malir Cantt, Karachi.	info@warraichandsons.com	0345-704- 1082, 0300- 260-8960
VIRK INTERNATIONAL PAKISTAN	Plot # C/21, Sector # 8-A/1, KDA Scheme # 33, Al Habib Co-operative Society Ltd., Gulshan e Maymar Mor Super	virrintpk54@hotmail.com, rahatnaz54@hotmail.com	021-3680544, 021- 36880344, 0301- 2386535, 0312- 2386535

	Highway Road Karachi, Pakistan		
ANAS TROPICAL FRU & VEG EXPORT CO	Plot # 231, Muno Goth Old Sabzi Mandi No.2, Near Masjid Aksa, Karachi	anstropical105@hotmail.com	021- 34941571, 0300- 2262819
AL HUSNAIN ENTERPRISE	P.N.S.C Complex Flat No. G-6, Sector 15/A-3, Buffer Zone. North Nazimabad, Karachi-Pakistan	alhusnainenterprises@hotmail.com	021- 36950468, 0321- 2296604
O & J ENTERPRISE	R-15/II, Khayaban-e- Saadi, Phase VII, DHA, Karachi	onjentpl@hotmail.com	021- 35350682, 0300- 8242407
THE GREAT MOGHAL & CO.	564, Block-H-1, Johar Town, Lahore		042-359- 67699
IMRAN & SONS	A-588, Near Rehman Autos, Malir Colony Karachi Sindh	imransons@cyber.net.pk	0300- 2262459, 02134599925
M. MANZOOR AND COMPANY (PRIVATE) LTD	13, Sindh Market, M.A. Jinnah Road, Karachi	a1spices@cyber.net.pk	021- 32354297
WARRAICH & SONS	Plot No. 4, Sommer Chatta Goth, Opposite Prem Villas, Malir Cantt, Karachi.	info@warraichandsons.com	0345-704- 1082, 0300- 260-8960
SHAIKH INTERNATIONAL	95-96 Dost Muhammad Jhonjhar Village Behind New Sabzi Mandi, Super Highway, Karachi	sheikhsfruit@cyber.net.pk	021- 36870033, 0334- 3102135
SMA ENTERPRISES	Plot No 3296 Essa Nagri Mohammadi Goth, Baloch Pora Karachi	same_pak@yahoo.com	021- 34542298- 34532298, 0321- 2156870
M. ILYAS & BROTHERS	Plot # B-28-8A/4, Al-Habib Co- operative Housing Society, Super Highway, Gulshan-e- Maymar Road, Scheme-33, Karachi	mehar_ilyas82@yahoo.com	0300- 2722668, 021- 36880216
RISHAD MATEEN & CO	22, 3rd Floor Mian Chambers Shahrah-e- Liaquat Karachi	rishad_mateen@hotmail.com	021- 32421764, 0300- 8276284
AL HUSNAIN ENTERPRISE	P.N.S.C Complex Flat No. G-6, Sector 15/A-3, Buffer Zone. North Nazimabad, Karachi-Pakistan	alhusnainenterprises@hotmail.com	021- 36950468, 0321- 2296604
ROSHAN ENTERPRISES	B-51, RIZWAN SOCIETY, MAIN UNIVERSITY ROAD KARACHI	roshanexports@cyber.net.pk	0300- 8251062, 021,3465251 8

FARM HOUSE EXPORT (PRIVATE) LIMITED	4/12 Arkay Square Extension, Shakra-e-Liaquat, Karachi, Pakistan	info@farmhouse.com.pk	021-32425332, 021-32420979
Q & S ENTERPRISES	SHOP # 13, BLOCK-2, NEW FRUIT MARKET SUPER HIGHWAY	qds.exporters@yahoo.com	0345-3176725, 021-36833141
O & J ENTERPRISE	R-15/II, Khayaban-e-Saadi, Phase VII, DHA, Karachi	onjentpl@hotmail.com	021-35350682, 0300-8242407
FRESH FRU	C-124/G-2, BLOCK-15, GULISTAN E JOHAR, KARACHI	shahzad.sheikhsfruit@gmail.com	0092-345-8202135, 0092-21-34184100
M-F-INTERNATIONAL	126-C, Block-2, 1ST Floor P.E.C.H.S Karachi		021-34542297, 0321-2156870
FARM FRESH	Shop# 1, Kohinoor 1, Faisalabad, Pakistan.	support@farmfresh.com.pk	0333-1929710
SAJJAD & CO	KESC No. 2485, Essa Nagri, Gali No. 2, Universit Road Karachi	m.alikhowaja@hotmail.com	0300-2558016
BALMEERA INTERTRADE	41-B, LOWER MALL, LAHORE	balmeeraintertrade2@gmail.com	042-37320207 042-37320208,
BURAAQ INTERNATIONAL	Rehman Shaheed Rd, Shadman Colony, Gujrat, Gujrat, Punjab	info@buraaqintl.com	0323-5989499
AL-HAMEED ENTERPRISES	C-180 Nishter Basti, Opp. Pak DWD Gate, Subzi Mandi, University Road Karachi	al_hameedent@yahoo.com	021-34923567, 0300-8233120

DRIED APRICOTS AND FIGS - HS081310

Exporter	Address	Email	Phone
AZAM & SONS	PLOT NO 30 PVT SCKEME HANIF PARK BADAMI BAGH LAHORE, PAKISTAN	adilandco@hotmail.com	0423-37616100
MADINA FOODSTUFF INDUSTRY	H NO 101 ST 7 HANIF PARK SADAAT COLONY BADAMI BAGH LAHORE.	info@pakpinenuts.com	3008022292

ALMEEZAN TRADING COMPANY	ROOM NO. 1, FIRST FLOOR, HOUSE NO.119 RAVI PARK QILA LACHMAN SING, LAHORE	almeezantradingcompany@gmail.com	4237730447
TAWAB TRADERS	HOUSE NO.179 NABI,BUKSH PARK BEHAND TELEPHONE EXCHANGE, RAVI ROAD, LAHORE	ifti.smc@gmail.com	4237730247
HANI TRADING COMPANY	OFFICE NO 205 SHAMIM SQUARE MAIN MARKET GULBERG II LAHORE	qadriaassociates@hotmail.com	4235788301
MOUNTAIN FRUITS(PVT) LIMITED,	Near China Bridge, Karakoram Highway, Danyore, Gilgit, Pakistan	mfc@fairtrade-dryfruits.com; admin@fairtrade-dryfruits.com	92 5811 459990; 92 355 5274901
M. MANZOOR AND COMPANY (PRIVATE) LTD	13, Sindh Market, M.A. Jinnah Road, Karachi	a1spices@cyber.net.pk	021- 32354297
MOUNTAIN FRUITS(PVT) LIMITED,	Near China Bridge, Karakoram Highway, Danyore, Gilgit, Pakistan	mfc@fairtrade-dryfruits.com; admin@fairtrade-dryfruits.com	92 5811 459990; 92 355 5274901
PRIME AGENCIES	PA 64-A, Bahadur Yar Jang Academy, Siraj-al- daullarh Road, Bahadurabad, Karachi	info@amzcorporation.org	0300- 8241821; 021-3491- 3233
M. MANZOOR AND COMPANY	13, Sindh Market, M.A. Jinnah Road, Karachi	a1spices@cyber.net.pk	021- 32354297
SMA ENTERPRISES	Plot No 3296 Essa Nagri Mohammadi Goth, Baloch Pora Karachi	same_pak@yahoo.com	021- 34542298- 34532298, 0321- 2156870

BANANAS - HS080390

Exporter	Address	Email	Phone
SAREMCO IMBEX	Office No 2&6,First Floor PCSIR Shopping Center,PCSIR Phase-II(near shaukat khanum) Lahore,Punjab Pakistan	export@saremcoimpex.com	+ (92) 341 111 5 222

APPLES - HS080819

Exporter	Address	Email	Phone
JMB EXPORTERS	1st Floor,62-E 11th Commercial Street Phase II (Ext), D.H.A. Karachi	jmb@cyber.net.pk	0092-21-35884111; 0092-300-8231763
AISHA ENTERPRISES	C-18, Shah Faisal Town, Jinnah Avenue, Malir Halt Karachi	pakhali@cyber.net.pk	0092- 21-32439025; 0092-333-2399315
UMER INTERNATIONAL	54-G, Tawakkal House, Gujar Chowk, Manzoor Colony Karachi	unionfruit@unionfruit.com	0092-21-35891067
BILAL TRADERS	R-15 Block A-3 New Fruit Market, Super High Way Karachi	info@bilaltraders.com	0092-21-36880770, 0092-300-2809225
SHAHEEN ENTERPRISES	Chak No. 6, S.B. Tehsil Bhalwal, District Sargodha	shaheenpak@msn.com	0092-486-643068; 0092-300-6068342
Qutub Ud Din & Sons	SHOP # 13, BLOCK-2, NEW FRUIT MARKET SUPER HIGHWAY	qds.exporters@yahoo.com	0092-21-36833141; 0092-345-3176725
FAISAL ENTERPRISES	19 – Nadiad Terrace, 4th Floor, Near Ghafoor Hall, Ranchore Line, Karachi	faisalenterprises1978@yahoo.com	0092-21-32737039; 0092-321-2123874

APEX BODY OF THE MANUFACTURERS



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